

# Dexter Senior Center

# Meal Calendar

# March 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Baked macaroni & cheese; zucchini & tomatoes; diced carrots; blueberries w/whipped topping; bread w/margarine
<b>4</b> Hawaiian meatballs served over brown rice; whole kernel corn; green beans; fresh orange; dinner roll w/margarine	<b>5</b> Oven baked crispy chicken; cauliflower w/cheese sauce; steamed collard greens; cinnamon applesauce; biscuit w/margarine	<b>6</b> Stuffed pepper; garden green salad w/romaine & French dressing; garlic mashed potatoes; strawberries w/whip topping; dinner roll w/margarine	<b>7</b> Turkey enchilada casserole; refried beans w/cheddar cheese garnish; broccoli, cauliflower, & tomato salad; mandarin oranges & pineapple tidbits; bread w/margarine	<b>8</b> Baked ziti w/four cheeses; California blend; cucumber, tomato & onion salad; fresh banana; Italian bread w/margarine
<b>11</b> Pepper steak served over brown rice; green beans; zucchini & tomatoes; mixed berries w/whip topping; dinner roll w/margarine	<b>12</b> BBQ chicken breast w/BBQ sauce; parsley round potatoes; Italian garden green salad w/garbanzo bean garnish w/romaine & ranch dressing; tropical fruit salad; cornbread w/margarine	<b>13</b> Potato crunch pollock w/tartar sauce; garden peas & pearl onions; creamy confetti coleslaw; fresh red or yellow apple; roll w/margarine	<b>14</b> Chicken salad sandwich; pasta salad w/vegetables; minestrone soup w/crackers; fresh orange; croissant w/margarine	<b>15</b> Corned beef; steamed cabbage & carrots; buttered parsley round potatoes; fruited lime gelatine; oatmeal raisin cookie; seedless rye bread w/margarine
<b>18</b> Cheddar cheese omelet; parsley round potatoes; apple juice; apricots; fruit muffin w/margarine	<b>19</b> Florentine stuffed shells w/marinara sauce; green beans; garden green salad w/romaine & ranch dressing; pineapple dessert; bread w/margarine	<b>20</b> Birthday Luncheon – Surprise  MOW: roast pork w/gravy; garlic mashed potatoes; dill diced carrots; blueberries w/whip topping; dinner roll w/margarine	<b>21</b> Chicken a la king over biscuit w/margarine; brussels sprouts; cucumber, tomato, & onion salad; fresh banana	<b>22</b> Tuna salad sandwich on croissant; pasta salad w/vegetables; broccoli cheese soup w/crackers; fresh orange
<b>25</b> Sweet & sour chicken w/vegetables served over rice; confetti fried rice w/vegetables;	<b>26</b> Sloppy joe sandwich; baked beans; cucumber, tomato & onion salad; fresh red or yellow apple	<b>27</b> Potato crunch pollock w/tartar sauce; carrot coins; creamy confetti coleslaw; tropical fruit salad; roll w/margarine	<b>28</b> Baked ham w/pineapple sauce; whipped sweet potatoes; California blend w/cheese sauce; strawberries & angel food cake; cornbread w/margarine	<b>29</b> <b>Agency Closed</b>