

# APRIL 2024

# ACTIVITIES CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 8:30 Senior Swim 9:30 Coloring/Crafts/Needlework 11:00 Chair Yoga 12:00 Senior Café 12:30 Bridge 2:15 Line Dancing @ Center	<b>2</b> 9:00 Strength & Stretch 11:15 Gentle Yoga 12:00 Pinochle	<b>3</b> 8:30 Senior Swim 9:30 Pinochle 10:00 Seniors Obtaining Strength 12:00 Senior Café 12:30 Euchre/313 1:00 Beginners Tai-Chi 2:15 Cardio Drumming	<b>4</b> 9:00 Strength & Stretch 10:00 Dulcimer 12:00 Senior Café 12:30 Cribbage 1:00 Bingo	<b>5</b> 8:30 Senior Swim 9:00 Weaving 11:00 French Study Group 11:15 Gentle Yoga 12:30 Pinochle/313 1:00 Mahjong/Chinese
<b>8</b> 8:30 Senior Swim 9:30 Coloring/Crafts/Needlework 11:00 Chair Yoga 12:00 Senior Café 12:30 Bridge 2:15 Line Dancing @ Center	<b>9</b> 9:00 Strength & Stretch 11:15 Gentle Yoga 12:00 Pinochle	<b>10</b> 8:30 Senior Swim 9:30 Pinochle 10:00 Seniors Obtaining Strength 12:00 Senior Café 12:30 Euchre/313 1:00 Beginners Tai-Chi 2:15 Cardio Drumming	<b>11</b> 9:00 Strength & Stretch 10:00 Dulcimer 12:00 Senior Café 12:30 Cribbage 1:00 Bingo	<b>12</b> 8:30 Senior Swim 9:00 Weaving 11:00 French Study Group 11:15 Gentle Yoga 12:30 Pinochle/313 1:00 Mahjong/Chinese
<b>15</b> 8:30 Senior Swim 9:30 Coloring/Crafts/Needlework 10:00 Cardmaking with Judy 11:00 Chair Yoga 12:00 Senior Café 12:30 Bridge 2:15 Line Dancing @ Center	<b>16</b> 9:00 Strength & Stretch 11:15 Gentle Yoga 12:00 Pinochle	<b>17</b> 8:30 Senior Swim 9:30 Pinochle 10:00 Seniors Obtaining Strength 12:00 April Birthday Luncheon 12:30 Euchre/313 1:00 Beginners Tai-Chi 2:15 Cardio Drumming	<b>18</b> 9:00 Strength & Stretch 10:00 Dulcimer 12:00 Senior Café 12:30 Cribbage 1:00 Bingo	<b>19</b> 8:30 Senior Swim 9:00 Weaving 10:00 Jewelry Making with Anne Kornow 11:00 French Study Group 11:15 Gentle Yoga 12:30 Pinochle/313 1:00 Mahjong/Chinese
<b>22</b> 8:30 Senior Swim 9:30 Coloring/Crafts/Needlework 11:00 Chair Yoga 12:00 Senior Café 12:30 Bridge 2:15 Line Dancing @ Center	<b>23</b> 9:00 Strength & Stretch 11:15 Gentle Yoga 12:00 Pinochle	<b>24</b> 8:30 Senior Swim 9:30 Pinochle 10:00 Seniors Obtaining Strength 12:00 Senior Cafe 12:30 Euchre/313 1:00 Beginners Tai-Chi 2:15 Cardio Drumming	<b>25</b> 9:00 Strength & Stretch 10:00 Dulcimer 12:00 Senior Café 12:30 Cribbage 1:00 Bingo	<b>26</b> 8:30 Senior Swim 9:00 Weaving 10:00 Book Club (Lessons in Chemistry) 11:00 French Study Group 11:15 Gentle Yoga 12:30 Pinochle/313 1:00 Mahjong/Chinese
<b>29</b>  <b>Closed &amp; Moving</b>	<b>30</b>  <b>Closed &amp; Moving</b>			

\*Senior Swim is located at 3060 Kensington Street. \* \*Bates is located at 2704 Baker Road\*