

Dexter Senior Center

Meal Calendar

April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 Teriyaki beef dippers w/teriyaki glaze; baked beans; cauliflower w/cheese sauce; diced peaches; dinner roll w/margarine	2 Chicken salad sandwich on croissant; pasta salad w/vegetables; minestrone soup w/crackers; fresh orange;	3 Turkey burger w/lettuce & tomato garnish w/mayo & mustard; diced carrots; cucumber, tomato & onion salad; mixed berries w/whip topping	4 Baked meatloaf w/beef gravy; zucchini & tomatoes; brown bean salad; fruited gelatin; dinner roll w/margarine	5 Chicken breast cacciatore; green beans; garden salad w/romaine & Italian dressing; fresh banana; dinner roll w/margarine
8 Stir fry beef w/sugar snap peas over confetti fried rice; confetti fried rice w/vegetables; oriental vegetables; tropical fruit salad; bread w/margarine	9 Cheddar cheese omelet; parsley round potatoes; apple juice; apricots; fruit muffin w/margarine	10 Stuffed pepper; Italian garden green salad w/garbanzo bean garnish w/romaine & French dressing; garlic mashed redskin potatoes; strawberries w/whip topping; dinner roll w/margarine	11 Potato crunch pollock w/tartar sauce; green & yellow zucchini; stewed tomatoes; fresh red or yellow apple; dinner roll w/margarine	12 Honey mustard chicken breast sandwich; green beans; cucumber, tomato & onion salad; fresh banana
15 Baked ham w/pineapple sauce; whipped sweet potatoes; California blend w/cheese sauce; diced peaches; roll w/margarine	16 Beef stew w/hearty vegetables; warm spiced pears; fresh orange; dinner roll w/margarine	17 Birthday Luncheon – Surprise MOW: Turkey broccoli rice casserole w/cheddar cheese garnish; carrot coins; diced pickled beets & onions; fresh banana; bread w/margarine	18 Chicken a la king served over biscuit; brussels sprouts; cucumber, tomato & onion salad; fruited gelatine; biscuit w/margarine	19 Roast pork w/pork gravy; garlic mashed redskin potatoes; garden green salad w/romaine & ranch dressing; mixed berries w/whip topping; cornbread w/margarine
22 Swedish meatballs served over egg noodles; whole kernel corn; zucchini & tomatoes; mandarin oranges & pineapple tidbits; wheat bread w/margarine	23 Tuna salad sandwich on croissant; pasta salad w/vegetables; broccoli cheese soup w/crackers; fresh yellow or red apples	24 Balsamic marinated chicken breast; steamed spinach; parsley round potatoes; strawberries w/whip topping; dinner roll w/margarine	25 Beef sauce w/parmesan cheese served over rotini noodles; Italian garden green salad w/garbanzo bean garnish, romaine & Italian dressing; green beans; tropical fruit salad; Italian bread w/margarine	26 Breaded chicken tenders w/BBQ sauce; dill carrot coins; creamy confetti coleslaw; fresh banana; biscuit w/margarine
29 Beef pepper patty w/beef gravy; cauliflower w/cheese sauce; zucchini & tomatoes; diced pears; dinner roll w/margarine	30 Chicken w/cavatappi pasta; garden green salad w/romaine & French dressing; green beans; mixed berries w/whip topping; Italian bread w/margarine			