



Dexter Senior Center Meal Calendar December 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Sloppy Joe Sandwich, O'Brien Potatoes, Green Beans, Diced Peaches, WW Hamburger Bun, Milk - 1%</p>	<p>3 Maurice Salad: Diced Ham (1 oz.), diced turkey (1 oz.) & shredded swiss cheese (1 oz). Garden green salad w/romaine, carrots, cucumbers and tomatoes, twice baked potato chowder w/LS crackers (2), fresh banana, pita bread w/margarine, salad dressing, milk - 1%</p>	<p>4 Baked Ziti w/ Four Cheeses, Diced Carrots, Italian Garden Green Salad w/garbanzo bean garnish, w/ Romaine, French Dressing (1 oz.), Strawberries w/Whip Topping, Italian Bread w/Margarine, Milk - 1%</p>	<p>5 Turkey Broccoli Rice Casserole w/ Cheddar Cheese garnish, Zucchini & Tomatoes, Brown Bean Salad, Fruited Gelatin, WW Bread w/ Margarine, Milk - 1%</p>	<p>6 Roast Beef w/ LS Beef Gravy (1 oz.), Garlic Mashed Redskin Potatoes, Creamy Confetti Coleslaw, Fresh Banana, WW Dinner Roll w/ Margarine, Oatmeal Raisin Cookie, Milk - 1%</p>
<p>9 Hawaiian Meatballs over brown rice, Whole Kernel Corn, Green Beans, Apricots, WW Dinner Roll w/ Margarine, Brown Rice, Milk - 1%</p>	<p>10 Turkey Enchilada Casserole, Refried Beans w/ Cheddar Cheese garnish, Broccoli, Cauliflower & Tomato Salad, Mandarin Oranges & Pineapple Tidbits, WW Bread w/margarine, Milk - 1%</p>	<p>11 Stuffed Pepper, Garden Green Salad w/Romaine w/Italian Dressing (1 oz.), Garlic Mashed Redskin Potatoes, Mixed Berries w/ Whip Topping, WW Dinner Roll w/ Margarine, Milk - 1%</p>	<p>12 Oven Baked Crispy Chicken, Cauliflower with Cheese Sauce, Steamed Collard Greens, Fresh Orange, Biscuit w/ Margarine, Milk - 1%</p>	<p>13 Potato Crunch Pollock w/ Tartar Sauce over Wild & WG Rice (1/2 cup), Garden Peas & Pearl Onions, Diced Pickled Beets & Onion Salad, Fresh Banana, WW Bread w/margarine, Milk - 1%</p>
<p>16 Pepper Steak over Brown Rice, Carrot Coins, Zucchini & Tomatoes, Tropical Fruit Salad, WW Bread w/ Margarine, Milk - 1%</p>	<p>17 Marinated Boneless Pork Cutlet, Baked Potato, Creamy Confetti Coleslaw, Warm Cherry Crisp, WW Dinner Roll w/Margarine, Sour Cream, Milk - 1%</p>	<p>18 Birthday lunch at DSC BBQ Chicken Breast w/BBQ Sauce, Baked Beans, Cucumber, Tomato & Onion Salad, Fresh Red or Yellow Apple, Corn Bread w/ Margarine, Milk - 1%</p>	<p>19 Submarine Sandwich: Ham (1 oz.), Turkey (1 oz.) & American Cheese (1 oz.) w/ Mustard & Mayo, Pasta Salad w/Vegetables, Minestrone Soup w/LS Crackers (2), Fresh Banana, Submarine Roll, Milk - 1%</p>	<p>20 Florentine Stuffed Shells in Marinara Sauce, Italian Garden Green Salad w/ garbanzo bean garnish, Romaine and Ranch Dressing, Green Beans, Strawberries w/Whip Topping, WW Bread w/Margarine, Milk-1%</p>
<p>23 Baked Macaroni & Cheese, Stewed Tomatoes, Diced Carrots, Pineapple Tidbits, WW Bread w/ Margarine, Milk - 1%</p>	<p>24 No meals</p>	<p>25 No meals</p>	<p>26 Breaded Chicken Tenders w/ BBQ Sauce, Cauliflower w/ Cheese Sauce, Green Beans, Fresh Orange, WW Dinner Roll w/ Margarine, Milk - 1%</p>	<p>27 Turkey Burger w/Lettuce & Tomato garnish w/Mayo & Mustard, Baked Beans, Spinach Salad w/Egg & Fresh Mushroom garnish & French Dressing, Mixed Berries w/Whip Topping, WW Hamburger Bun, Milk - 1%</p>