



# Dexter Senior Center

# Activities Calendar

# January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>CLOSED FOR HOLIDAY</p>	<p>2</p> <p>10:00 - Dulcimer 12:00 - Senior Cafe 12:30 - Cribbage 1:00 - Bingo</p>	<p>3</p> <p>8:00 - Rise &amp; Shine Gentle Yoga 9:00 - Weaving 11:00 - French Study Group (Dexter Library) 12:00 - Pinochle/313 1:00 - Mahjong/Chinese</p>
<p>6</p> <p>10:00 - Coloring, Crafts, Needlework 11:00 - Chair Yoga 12:00 - Senior Cafe 12:30 - Bridge</p>	<p>7</p> <p>8:00 - Rise &amp; Shine Gentle Yoga 9:00 - Strength &amp; Stretch 10:00 - Chair Zumba 10:45 - Dulcimer (Beginners) 12:00 - Pinochle</p>	<p>8</p> <p>9:00 - Seniors Obtaining Strength 9:30 - Pinochle 12:00 - Seniors Ukulele Group (Dexter Library) 12:00 - Senior Cafe 12:30 - Euchre/313 1:00 - Friends in Harmony Choir</p>	<p>9</p> <p>10:00 - Strength &amp; Stretch 10:00 - Dulcimer 12:00 - Senior Cafe 12:30 - Cribbage 1:00 - Bingo</p>	<p>10</p> <p>8:00 - Rise &amp; Shine Gentle Yoga 9:00 - Weaving 11:00 - French Study Group (Dexter Library) 12:00 - Pinochle/313 1:00 - Mahjong/Chinese</p>
<p>13</p> <p>10:00 - Coloring, Crafts, Needlework 11:00 - Chair Yoga 12:00 - Senior Cafe 12:30 - Bridge</p>	<p>14</p> <p>8:00 - Rise &amp; Shine Gentle Yoga 9:00 - Strength &amp; Stretch 10:00 - Chair Zumba 10:45 - Dulcimer (Beginners) 12:00 - Pinochle</p>	<p>15</p> <p>9:00 - Seniors Obtaining Strength 9:30 - Pinochle 12:00 - Seniors Ukulele Group (Dexter Library) 12:00 - Birthday Lunch 12:30 - Euchre/313 1:00 - Friends in Harmony Choir</p>	<p>16</p> <p>10:00 - Strength &amp; Stretch 10:00 - Dulcimer 12:00 - Senior Cafe 12:30 - Cribbage 1:00 - Bingo</p>	<p>17</p> <p>8:00 - Rise &amp; Shine Gentle Yoga 9:00 - Weaving 11:00 - French Study Group (Dexter Library) 12:00 - Pinochle/313 1:00 - Mahjong/Chinese</p>



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# January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>20</p> <p>10:00 - Coloring, Crafts, Needlework            10:00 - Card Making Class            11:00 - Chair Yoga            12:30 - Bridge</p>	<p>21</p> <p>8:00 - Rise &amp; Shine Gentle Yoga            9:00 - Strength &amp; Stretch            10:00 - Chair Zumba            10:45 - Dulcimer (Beginners)            12:00 - Pinochle</p>	<p>22</p> <p>9:00 - Seniors Obtaining Strength            9:30 - Pinochle            12:00 - Seniors Ukes Group (Dexter Library)            12:00 - Senior Cafe            12:30 - Euchre/313            1:00 - Friends in Harmony Choir</p>	<p>23</p> <p>10:00 - Strength &amp; Stretch            10:00 - Dulcimer            12:00 - Senior Cafe            12:30 - Cribbage            1:00 - Bingo</p>	<p>24</p> <p>8:00 - Rise &amp; Shine Gentle Yoga            9:00 - Weaving            11:00 - French Study Group (Dexter Library)            12:00 - Pinochle/313            1:00 - Mahjong/Chinese</p>
<p>27</p> <p>10:00 - Coloring, Crafts, Needlework            11:00 - Chair Yoga            12:00 - Senior Cafe            12:30 - Bridge            1:00 - Monday Gathering Better My Meds</p>	<p>28</p> <p>8:00 - Rise &amp; Shine Gentle Yoga            9:00 - Strength &amp; Stretch            10:00 - Chair Zumba            10:45 - Dulcimer (Beginners)            12:00 - Pinochle</p>	<p>29</p> <p>9:00 - Seniors Obtaining Strength            9:30 - Pinochle            12:00 - Seniors Ukes Group (Dexter Library)            12:00 - Senior Cafe            12:30 - Euchre/313            1:00 - Friends in Harmony Choir</p>	<p>30</p> <p>10:00 - Strength &amp; Stretch            10:00 - Dulcimer            12:00 - Senior Cafe            12:30 - Cribbage            1:00 - Bingo</p>	<p>31</p> <p>8:00 - Rise &amp; Shine Gentle Yoga            9:00 - Weaving            10:00 - Book Club            11:00 - French Study Group (Dexter Library)            12:00 - Pinochle/313            1:00 - Mahjong/Chinese</p>