



Dexter Senior Center

Activities Calendar

February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>10:00 - Coloring, Crafts, Needlework 11:00 - Chair Yoga 12:00 - Senior Cafe 12:30 - Bridge</p>	<p>4</p> <p>8:00 - Rise & Shine Gentle Yoga 9:00 - Strength & Stretch 10:00 - Chair Zumba 10:00 - Dulcimer (Beginners) 12:00 - Pinochle</p>	<p>5</p> <p>9:30 - Pinochle 12:00 - Seniors Ukes Group (Dexter Library) 12:00 - Senior Cafe 12:30 - Euchre/313 1:00 - Friends in Harmony Choir</p>	<p>6</p> <p>10:00 - Strength & Stretch 10:00 - Dulcimer 12:00 - Senior Cafe 12:30 - Cribbage 1:00 - Bingo</p>	<p>7</p> <p>8:00 - Rise & Shine Gentle Yoga 9:00 - Weaving 11:00 - French Study Group (Dexter Library) 12:00 - Pinochle/313 1:00 - Chinese Mahjong</p>
<p>10</p> <p>10:00 - Coloring, Crafts, Needlework 11:00 - Chair Yoga 12:00 - Senior Cafe 12:30 - Bridge 1:00 - Monday Gathering</p>	<p>11</p> <p>8:00 - Rise & Shine Gentle Yoga 9:00 - Strength & Stretch 10:00 - Chair Zumba 10:00 - Dulcimer (Beginners) 12:00 - Pinochle</p>	<p>12</p> <p>9:00 - Seniors Obtaining Strength 9:30 - Pinochle 12:00 - Seniors Ukes Group (Dexter Library) 12:00 - Senior Cafe 12:30 - Euchre/313 1:00 - Friends in Harmony Choir 6:30 - All Instrument Jam</p>	<p>13</p> <p>10:00 - Strength & Stretch 10:00 - Dulcimer 12:00 - Senior Cafe 12:30 - Cribbage 1:00 - Bingo *Reflexology Appointments</p>	<p>14</p> <p>8:00 - Rise & Shine Gentle Yoga 9:00 - Weaving 11:00 - French Study Group (Dexter Library) 12:00 - Pinochle/313 1:00 - Chinese Mahjong</p>
<p>17</p> <p>10:00 - Coloring, Crafts, Needlework 10:00 - Cardmaking Class 11:00 - Chair Yoga 12:00 - Senior Cafe 12:30 - Bridge 1:00 - Monday Gathering</p>	<p>18</p> <p>8:00 - Rise & Shine Gentle Yoga 9:00 - Strength & Stretch 10:00 - Chair Zumba 10:00 - Dulcimer (Beginners) 12:00 - Pinochle *Footcare Appointments</p>	<p>19</p> <p>9:00 - Seniors Obtaining Strength 9:30 - Pinochle 12:00 - Seniors Ukes Group (Dexter Library) 12:00 - Birthday Lunch 12:30 - Euchre/313 1:00 - Friends in Harmony Choir</p>	<p>20</p> <p>10:00 - Strength & Stretch 10:00 - Dulcimer 12:00 - Senior Cafe 12:30 - Cribbage 1:00 - Bingo</p>	<p>21</p> <p>8:00 - Rise & Shine Gentle Yoga 9:00 - Weaving 11:00 - French Study Group (Dexter Library) 12:00 - Pinochle/313 1:00 - Chinese Mahjong</p>



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24 10:00 - Coloring, Crafts, Needlework 11:00 - Chair Yoga 12:30 - Bridge 1:00 - Monday Gathering	25 8:00 - Rise & Shine Gentle Yoga 9:00 - Strength & Stretch 10:00 - Chair Zumba 10:00 - Dulcimer (Beginners) 12:00 - Pinochle	26 9:00 - Seniors Obtaining Strength 9:30 - Pinochle 12:00 - Seniors Ukes Group (Dexter Library) 12:00 - Senior Cafe 12:30 - Euchre/313 1:00 - Friends in Harmony Choir	27 10:00 - Strength & Stretch 10:00 - Dulcimer 12:00 - Senior Cafe 12:30 - Cribbage 1:00 - Bingo *Reflexology Appointments	28 8:00 - Rise & Shine Gentle Yoga 9:00 - Weaving 10:00 - Book Club 11:00 - French Study Group (Dexter Library) 12:00 - Pinochle/313 1:00 - Chinese Mahjong