

## Dexter Senior Center Meal Calendar February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Breaded Chicken Patty Sandwich w/ Mayo & Ketchup, Green Beans, California Blend Vegetables, Diced Pears, WW Hamburger Bun, 1% milk	Brunswick Stew w/ Chicken, Pork & Hearty Vegetables, Spinach Salad w/ Egg & Fresh Mushroom garnish w/ French Dressing, Warm Diced Spiced Peaches, Fresh Red or Yellow Apple Cornbread w/ Margarine; Milk	5 Chef Salad: Diced Ham (1 oz.), Diced Turkey (1 oz.) & Shredded American Cheese (1 oz.), Garden Green Salad w/ Romaine, Carrots, Cucumbers & Tomatoes, Minestrone Soup w/ LS Crackers, Fresh Orange, Pita Bread w/ Margarine, ranch dressing; milk	Brown Bean Salad, Pineapple Tidbits, Biscuit w/ Margarine; Milk	7 Beef Hotdog w/ Diced Onion garnish w/ Mustard & Ketchup, Chili con Carne w/ Beans, Baked Potato w/ Sour Cream, Mixed Berries w/ Whip Topping, WW Hotdog Bun, Peanut Butter Cookie; Milk
10 Cheddar Cheese Omelet; O'Brien Potatoes; Apple Juice; Fresh Pear; Fruit Muffin w/ Margarine; Milk	11 CheddaSmoked Sausage Sandwich w/ Ketchup & Mustard, Savory Sauerkraut, Cauliflower Polonaise, Mandarin Oranges, WW Hotdog Bun; Milk	12 Turkey Pot Roast w/ Gravy from entrée serve over mashed potatoes, Creamy Confetti Coleslaw, Apricots, WW Dinner Roll w/ Margarine; Milk	13 Hamburger w/ Cheese & Mustard & Ketchup, Carrot Coins, Cucumber, Tomato & Onion Salad; Fresh Red or Yellow Apple; Hamburger Bun; Milk	14 Chicken Breast Cacciatore, Garden Green Salad w/ Romaine w/ Italian Dressing, Green Beans, Strawberries w/ Whip Topping, Dinner Roll w/ Margarine; Milk
17 NO Meals, Agency Closed	18 Teriyaki Beef Dippers w/ Teriyaki Sauce; Baked Beans; Dill Carrot Coins; Tropical Fruit Salad; Cornbread w/ Margarine; Milk	19 Birthday Luncheon at DSC Cheesy Lasagna Roll Ups (2 each) w/ Parmesan Cheese, Green Beans, Italian Garden Green Salad w/ garbanzo bean garnish w/ Romaine w/ Ranch Dressing, Mixed Berries w/ Whip Topping, WW Bread w/ Margarine, Marinara; Milk	20 Tuna Salad Sandwich; Pasta Salad w/ Vegetables; Broccoli Cheese Soup w/ LS Crackers, Fresh Red or Yellow Apple; Croissant; Milk	21 Polynesian Chicken Breast, Mashed Redskin Potatoes, Key West Vegetable Blend; Fruited Gelatin; WW Dinner Roll w/ Margarine; Milk
24 Salisbury Steak w/ LS Beef Gravy; Zucchini & Tomatoes, Diced Carrots; Cinnamon Applesauce, Dinner Roll w/ Margarine; Milk	25 Honey Mustard Chicken Breast Sandwich; Green Beans; Cauliflower w/ Cheese Sauce; Fresh Pear; Hamburger Bun, Milk	26 Stuffed Cabbage; Garden Green Salad w/ Romaine w/ Italian Dressing; Mashed Redskin Potatoes, Strawberries w/ Whip Topping; WW Dinner Roll w/ Margarine; Milk	27 Turkey Tetrazzini w/ Cheddar Cheese garnish, Garden Peas & Pearl Onions, Cucumber, Tomato & Onion Salad, Diced Peaches; WW Bread w/ Margarine; Milk	28 Potato Crunch Pollock w/ Tartar Sauce served over Rice, California Blend Vegetables, Diced Pickled Beets & Onion Salad, Fresh Banana, WW Bread w/ Margarine, Wild & WG Rice Milk