



Dexter Senior Center

Meal Calendar

March 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Sloppy Joe Sandwich, O'Brien Potatoes, Baked Beans, Diced Peaches, WW Hamburger bun, 1% milk	4 Chicken Jambalaya w/Vegetables and Rice, Creole Green Beans w/Tomatoes, Tropical Fruit Salad, Raspberry Filled Powered Donut, 1% Milk	5 Baked Ziti w/Four Cheeses, Brussels Sprouts, Italian Garden Green Salad w/garbanzo bean garnish, Romaine, French Dressing, Strawberries w/Whip Topping, Italian Bread w/Margarine; 1% Milk	6 Oven Baked Crispy Chicken, Cauliflower w/Cheese Sauce, Steamed Collard Greens, Fresh Orange, Biscuit w/Margarine; 1% Milk	7 Tuna Noodle Casserole, Diced Carrots, Creamy Confetti Coleslaw, Fresh Banana, WW Bread w/Margarine; 1% Milk
10 Hawaiian Meatballs Served Over Brown Rice, Whole Kernel Corn, Green Beans, Apricots, WW Dinner Roll w/Margarine; 1% Milk	11 Turkey Enchilada Casserole, Refried Beans w/Cheddar Cheese garnish, Broccoli, Cauliflower & Tomato Salad, Mandarin Oranges & Pineapple Tidbits, WW Bread w/Margarine; 1% Milk	12 Stuffed Pepper, Garden Green Salad w/Romaine w/Italian Dressing, Mashed Redskin Potatoes, Mixed Berries w/Whip Topping, WW Roll w/Margarine; 1% Milk	13 Chicken Broccoli Rice Casserole W/Cheddar Cheese garnish, Zucchini & Tomatoes, Brown Bean Salad, Fresh Red or Yellow Apple, Corn Bread w/Margarine; 1% Milk	14 Potato Crunch Pollock w/Tartar Sauce, Garden Peas & Pearl Onions, Diced Pickled Beets and Onion Salad, Fresh Banana, Dinner Roll w/Margarine; 1% Milk
17 Corned Beef, Parsley Round Potatoes, Cabbage & Carrots, Lime Fruited Gelatin, WW Dinner Roll w/Margarine, Oatmeal Raisin Cookie; 1% Milk	18 Pepper Steak Served over Brown Rice, Whole Kernel Corn, Zucchini & Tomatoes, Tropical Fruit Salad, WW Bread w/Margarine; 1% Milk	19 Birthday Luncheon at DSC BBQ Chicken Breast w/BBQ Sauce, Baked Beans, Cucumber, Tomato, & Onion Salad, Fresh Banana, Corn Bread w/Margarine; 1% Milk	20 Submarine Sandwich: Ham, Turkey & American Cheese w/Mustard and Mayo, Pasta Salad w/Vegetables, Twice Baked Potato Chowder w/LS Crackers, Fresh Red or Yellow Apple; 1% Milk	21 Florentine Stuffed Shells w/Marinara Sauce, Italian Garden Green Salad w/garbanzo bean garnish, Romaine w/Ranch Dressing, Green Beans, Strawberries w/Whip Topping, Italian Bread w/Margarine; 1% Milk
24 Teriyaki Beef Dippers w/Teriyaki Sauce, California Blend Vegetables w/Cheese Sauce, Carrot Coins, Cinnamon Applesauce, Dinner Roll w/Margarine; 1% Milk	25 Chicken Pasta Primavera, Brussels Sprouts, Garden Green Salad w/Romaine & Italian Dressing, Pineapple Dessert, Italian Bread w/Margarine, 1% Milk	26 Turkey Burger w/Lettuce & Tomato garnish, Mayo & Mustard, Baked Beans, Spinach Salad w/Egg & French Dressing, Mixed Berries w/Whip Topping, WW Hamburger Bun, 1% Milk	27 Roast Beef w/LS Beef Gravy, Mashed Redskin Potatoes, Creamy Confetti Coleslaw, Fresh Red or Yellow Apple, WW Dinner Roll w/Margarine; 1% Milk	28 Baked Macaroni & Cheese, Green Beans, Marinated Chick Peas & Tomatoes, Fresh Banana, WW Bread w/Margarine, 1% Milk