

November 2025

Activity Calendar

Dexter Senior Center

Key: * Make Appointments
Bold Print - New Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9:00 - Color, Crafts, Needlework 11:00 - Chair Yoga 11:30 - Euchre 12:00 - Senior Cafe 12:30 - Bridge 1:00- Behavioral Health Social 1:30 - Uke Scratch Workshop 2:00 - Easy Ukelele Only Group 2:00 - Presentation: Dexter Historical Society	4 9:00 - Yoga / Strength & Stretch / Weaving 11:00 - Cardio Drumming 12:00 - Pinochle 1:00 - Dominos 1:00 - Blood Pressure Checks 1:00 - Presentation: Emeritus Scholarship for Classes at WCC 2:00 - Relax & Recenter Class	5 9:00 - SOS 9:30 - Pinochle 12:00 - Senior Cafe 12:00 - Ukelele Jam Group 12:30 - Euchre / 313 1:00 - Presentation: Nutrition for Bone Health, Frailty Prevention 1:00 - Needlework 2:00 - Walk on the Dexter Trail	6 9:00 - Yoga / Strength & Stretch 10:00- Flexibility and Mobility 10:30 - Dulcimer 11:00 - Cardio Drumming 12:00 - Senior Cafe/ 12:30-Cribbage 1:00 - BINGO - Sponsored 2:00 - American Mahjong 2:00 - Relax & Recenter Class 3:00 - Games / Barn Dancing Trip to Henry Ford Museum	7 9:00 - Weaving / Tai Chi 10:00 - Circuit Workout 11:30 - Chair Volleyball 11:00 - French Study Group 12:00 - Pinochle/313 12:00 - Beginner Chinese Mahjong 1:00 - Chinese Mahjong 1:00 - Dulcimer (Beginners) 1:00 - String Orchestra Concert
10 9:00-Color, Crafts, Needlework 10:00 - Craft: Felted Flat Turkey 11:00 - Chair Yoga 11:30 - Euchre 12:00 - Senior Cafe 12:30 - Bridge 1:00 - Presentation: Introduction to Support Therapy Groups by Peacefull Mind Counseling 1:30 - Uke Scratch Workshop 2:00 - Easy Ukelele Only Group	11 9:00 - Yoga / Strength & Stretch / Weaving 10:00 - Zumba 11:00 - Cardio Drumming 12:00 - Veterans Lunch 12:00 - Pinochle/ 1:00 - Dominos 1:00 - Holiday Grief Group Workshop 2:00 - Line Dancing Lessons 2:00 - Relax & Recenter Class *Community Health Worker	12 9:00 - SOS 9:30 - Pinochle 10:00 - Fall Watercolor Painting 12:00 - Senior Cafe 12:00 - Ukelele Jam Group 12:30- Euchre/313 1:00 - Presentation: How to Calm the Nervous System 1:00 - Needlework	13 9:00 - Yoga / Strength & Stretch 10:00- Flexibility and Mobility 10:30 - Dulcimer 11:00 - Cardio Drumming 12:00 - Lunch and Learn: Unlocking Mental Agility 12:30 - Cribbage 1:00 - BINGO - Sponsored 2:00 - American Mahjong 3:00 - Games / Barn Dancing *Reflexology Appointments	14 9:00 - Weaving / Tai Chi 10:00 - Circuit Workout 11:00 - French Study Group 11:30 - Chair Volleyball 12:00 - Pinochle/313 12:30 - Pampered Chef, Cooking for Less Class 1:00 - Chinese Mahjong 1:00 - Dulcimer (Beginners) *Massage Appointments
17 9:00- Color,Crafts,Needlework 10:00 - Card Making Class 11:00 - Chair Yoga / 11:30 - Euchre 12:00 - Senior Cafe/12:30 - Bridge 1:00 - Wylie 4th Grade Visit 1:30 - Uke Scratch Workshop 2:00 - Presentation: Services & Resources from Catholic Charities Washtenaw County 2:00 - Easy Ukelele Only Group	18 9:00 - Yoga / Strength & Stretch / Weaving 10:00 - Zumba 10:00 - WAVE Bus Community Outreach 11:00 - Cardio Drumming 12:00 - Pinochle/ 1:00 - Dominos 1:00 - Presentation: Depression Glass 2:00 - Line Dancing Lessons *Community Health Worker *Foot Care Appointments	19 9:00 - SOS 9:30 - Pinochle 12:00 -Ukelele Jam Group 12:00 - BIRTHDAY LUNCH 12:15 - Entertainment 12:30 - Euchre/313 1:00 - Needlework *Medicare Open Enrollment Appointments	20 9:00 -Yoga/ Strength & Stretch 10:00- Flexibility and Mobility 10:30 - Dulcimer 10:30 - Canvas Painting 11:00 - Cardio Drumming 12:00 -Senior Cafe/12:30 - Cribbage 1:00 - BINGO - Sponsored 2:00 - Presentation: Dexter Water System / 2:00 - American Mahjong 3:00 - Games / Barn Dancing *Reflexology Appointments	21 9:00 - Weaving / Tai Chi 10:00 - Circuit Workout 11:00 - French Study Group 11:30 - Chair Volleyball 12:00 - Pinochle/313 1:00 - Chinese Mahjong 1:00 - Dulcimer (Beginners)
24 9:00 - Color, Crafts, Needlework 10:00 - Craft: Felted Stress Ball 11:00 - Chair Yoga / 11:30 - Euchre 12:00 -Senior Cafe / 12:30 -Bridge 1:00 - Presentation: The love of the Laundry Line 1:00 - Creative Writing 1:30 - Uke Scratch Workshop 2:00 - Easy Ukelele Only Group *Medicare Open Enrollment	25 9:00-Yoga / Strength & Stretch / Weaving 10:00 - Zumba 11:00 - Cardio Drumming 12:00 - Pinochle / 1:00- Dominos 1:00 - Presentation: Dementia 2:00 - Line Dancing Lessons 2:00 - Relax & Recenter Class *Community Health Worker	26 9:00 - SOS 9:30 - Pinochle 12:00 -Ukelele Jam Group 12:00 - Senior Cafe 12:30 - Euchre/313 1:00 - Presentation: Genealogy Society of Washtenaw County 1:00 - Needlework	27 Closed Happy Thanksgiving! 	28 Closed