

February 2026 Activity Calendar Dexter Senior Center

Key: *Make Appointment Bold Print - New Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:00 - Color, Crafts, Needlework 10:00 - Circuit 11:00 - Chair Yoga 11:30 - Technology Help 12:30- Euchre 12:00 - Senior Cafe 12:30 - Bridge / Euchre 1:00 - Behavioral Health Social 1:00 - Creative Writing 1:00 -Beginner Uke Class 2:00 - Easy Ukelele Only Group	3 9:00 - Yoga / Strength & Stretch / Weaving 10:00 - Zumba Gold 11:00 - Cardio Drumming 12:00 - Pinochle 12:00 - History Presentation: 40s, & WWII, with Floats 12:30-Dominos 1:00 - Blood Pressure Checks 2:00 - Line Dancing 2:00 - Relax & Recenter Class Community Health Worker	4 9:00 - SOS 9:30 - Pinochle 10:00 - Balance Class 10:15 - Dexter Drama Club performance of Seussical 12:00 - Senior Cafe 12:00 - Ukelele Jam Group 12:30 - Euchre / 313 1:00 - Presentation: Grandparents Raising Grandchildren Support 1:00 - Needlework / Watercolor 2:00 - Chair Yoga	5 9:00 - Yoga / Strength & Stretch 10:00- Flexibility and Mobility 10:30 - Dulcimer 11:00 - Cardio Drumming 12:00 - Lunch & Learn by American House Senior Living 12:30 - Cribbage 1:00 - BINGO - Sponsored 2:00 - American Mahjong 3:00 - Spanish / Game Night	6 9:00 - Weaving 9:00 - Tai Chi 10:00 - Circuit Workout 11:30 - Seals, Chair Volleyball 11:00 - French Study Group 12:00 - Pinochle/313 12:00 - Beginner Chinese Mahjong 1:00 - Mahjong 1:00 - Dulcimer (Beginners)
9 9:00- Color, Crafts, Needlework 10:00 - Circuit 11:00 - Chair Yoga 12:00 - Senior Cafe 12:30 - Bridge / Euchre 1:00 - Village Travelers Meeting & Collette Tours Presentation 2:00 - Presentation: Hearing Loss 1:00 - Beginner Uke Class 2:00 - Easy Ukelele Only Group	10 9:00 - Yoga / Strength & Stretch / Weaving 10:00 - Zumba Gold 11:00 - Cardio Drumming 12:00 - Pinochle 12:30 - Presentation: Know 10 Warning Signs or Alzheimer's 12:30 - Dominos 2:00 - Line Dancing Community Health Worker	11 9:00 - SOS 9:30 - Pinochle 10:00 - Balance Class 12:00 - Senior Cafe 12:00 -Ukelele Jam Group 12:30 - Euchre / 313 1:00 - Needlework 2:00 - Chair Yoga 3:00 - All Instrument Jam *Museums Trip	12 9:00 -Yoga/ Strength & Stretch 10:00- Flexibility and Mobility 10:30 - Dulcimer 11:00 - Cardio Drumming 12:00 -Senior Caf /12:30 - Cribbage 1:00 - BINGO - Sponsored 2:00 - Presentation: Virtual Dementia Tour 2:00 - American Mahjong 3:00 - Spanish / Game Night *Reflexology Appointments	13 9:00 - Weaving 9:00 - Tai Chi 10:00 - Circuit Workout 11:00 - French Study Group 11:30 - Seals Chair Volleyball 12:30 - Valentine Social & Dexter Choral Performance 12:00 - Pinochle/313 1:00 - Chinese Mahjong 1:00 - Dulcimer (Beginners)
16 9:00 - Color, Crafts, Needlework 10:00 -Circuit 10:00 - Card Making Class 11:00 - Chair Yoga 12:30 - Bridge / Euchre 1:00 - Creative Writing 1:00 - Beginner Uke Class 2:00 - Easy Ukelele Only Group	17 9:00 - Yoga / Strength & Stretch / Weaving 10:00 - Zumba Gold 10:00 - WAVE Bus Outreach 11:00 - Cardio Drumming 12:00 -Pinochle 12:30-Dominos 12:30 - Presentation: Chinese Acupuncture/Medicine & Tea 2:00 - Line Dancing 2:00 -Relax & Recenter Class Community Health Worker *Foot Care Appointments	18 9:00 - SOS 9:30 - Pinochle 10:00 - Balance Class 12:00 - BIRTHDAY LUNCH 12:00 -Ukelele Jam Group 12:30 - Euchre / 313 1:00 - Needlework 1:00 - Watercolor 2:00 - Chair Yoga *Senior Support Consultations	19 9:00 -Yoga / Strength & Stretch 10:30 - Dulcimer 10:30 - Canvas Painting 11:00 - Cardio Drumming 12:00 -Senior Cafe 12:30 - Cribbage 1:00 - BINGO - Sponsored 2:00 - American Mahjong 3:00 - Spanish / Game Night	20 9:00 - Weaving 9:00 - Tai Chi 10:00 - Circuit Workout 11:00 - French Study Group 11:30 - Seals, Chair Volleyball 12:00 - Pinochle/313 12:30 - Cooking For Less by Pampered Chef 1:00 - Chinese Mahjong 1:00 - Dulcimer (Beginners)
23 9:00 - Color, Crafts, Needlework 10:00 - Circuit / 11:00 - Chair Yoga 12:00 -Senior Cafe 12:30 - Beginner Watercolor Landscape Painting Class 12:30 -Bridge / Euchre 1:00 - Wylie Fourth Grade Visit 2:00 - Presentation SNAP: 101 1:00 - Beginner Uke Class 2:00 - Easy Ukelele Only Group *Medicare Counseling	24 9:00-Yoga / Strength & Stretch / Weaving 10:00 - Zumba Gold 11:00 - Cardio Drumming 11:00 - Origami Class 12:00 - Pinochle 12:30 - Dominos 2:00 - Line Dancing 1:00-Presentation: Tax Help Community Health Worker	25 9:00 - SOS 9:30 - Pinochle 10:00 - Balance Class 12:00 -Ukelele Jam Group 12:00 - Senior Cafe 12:30 - Euchre/313 2:00 - Chair Yoga 1:00 - Needlework	26 9:00 -Yoga/ Strength & Stretch 10:00- Flexibility and Mobility 10:30 - Dulcimer 11:00 - Cardio Drumming 12:00 -Senior Cafe 12:30 - Cribbage 1:00 - BINGO - Sponsored 2:00 - American Mahjong 3:00 - Spanish / Game Night *Reflexology Appointments	27 9:00- Weaving 9:00 - Tai Chi 10:00 - Book Club 10:00 - Circuit Workout 11:00 - French Study Group 11:30 - Seals Chair Volleyball 12:00 - Pinochle/313 1:00- WCC Dance Team Performance 1:00 - Chinese Mahjong 1:00 - Dulcimer (Beginners)