

March 2026 Activity Calendar Dexter Senior Center

Key: *Make Appointment / Bold Print - New Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 9:00 - Color, Crafts, Needlework 10:00 - Circuit / 11:00 - Chair Yoga 11:30 - Technology Help 12:00 - Senior Cafe 12:30 - Bridge / Euchre 12:30 - Beginner Watercolor Landscape Painting Class 1:00 - Behavioral Health Social 1:00 - Creative Writing 1:00 - Beginner Uke Class 2:00 - Easy Ukelele Only Group 2:00 - Presentation: Housing Bureau for Seniors Services</p>	<p>3 9:00 -Yoga/ Strength & Stretch / Weaving 10:00 - Zumba Gold 10:00 -German Course 11:00 - Cardio Drumming 12:00 - Pinochle / 12:30-Dominos 1:00 - Blood Pressure Checks 1:00 - Presentation: Maple Sugaring Farming 2:00 - Line Dancing 2:00 - Relax & Recenter Class Community Health Worker</p>	<p>4 9:00 - SOS 9:30 - Pinochle 10:30 - Presentation: Medicare 12:00 - Senior Cafe 12:00 - Ukelele Jam Group 12:30 - Euchre / 313 1:00 - Needlework / Watercolor 2:00 - Chair Yoga *Play at Purple Rose Theatre</p>	<p>5 9:00 - Yoga / Strength & Stretch 10:00 - Flexibility and Mobility 10:30 - Dulcimer 11:00 - Cardio Drumming 12:00 - Senior Cafe 12:30 - Cribbage 1:00 - BINGO - Sponsored 2:00 - American Mahjong 3:00 - Spanish / Game Night / Barn Dancing</p>	<p>6 9:00 - Tai Chi / Weaving / 10:00 - Circuit Workout 11:30 - Seals, Chair Volleyball 11:00 - French Study Group 12:00 - Pinochle/313 12:00 - Beginner Chinese Mahjong 1:00 - Mahjong 1:00 - Dulcimer (Beginners)</p>
<p>9 9:00- Color, Crafts, Needlework 10:00 - Circuit 11:00 - Chair Yoga 12:00 - Senior Cafe 12:30 - Bridge / Euchre 12:30 - Beginner Watercolor Landscape Painting Class 1:00 - Presentation: Dementia Information 1:00 - Beginner Uke Class 2:00 - Easy Ukelele Only Group</p>	<p>10 9:00 - Yoga / Strength & Stretch / Weaving 10:00 - Zumba Gold 10:00 -German Course 11:00 - Cardio Drumming 12:00 - Presentation: History WWII and Serving Floats 12:00 - Pinochle 12:30 - Dominos 2:00 - Line Dancing Community Health Worker</p>	<p>11 9:00 - SOS 9:30 - Pinochle 12:00 - Lunch and Learn 1:00 - Presentation: A Memoir of The Vietnam War and After 12:00 -Ukelele Jam Group 12:30 - Euchre / 313 1:00 - Needlework 2:00 - Chair Yoga 3:00 - All Instrument Jam</p>	<p>12 9:00 -Yoga/ Strength & Stretch 10:00 - Flexibility and Mobility 10:00 - Craft: St. Patrick's Shamrock Paper Bouquets 10:30 - Dulcimer 11:00 - Cardio Drumming 11:30 - Technology Help 12:00 -Senior Caf /12:30 - Cribbage 1:00 - BINGO - Sponsored 2:00 - American Mahjong 3:00 - Spanish / Game Night / Barn Dancing *Reflexology Appointments</p>	<p>13 9:00 - Tai Chi / Weaving / 9:30 - *AA Community Acupuncture Appointments 10:00 - Circuit Workout 11:00 - French Study Group 11:30 - Seals Chair Volleyball 12:00 - Pinochle/313 12:30 - Cooking For Less by Pampered Chef 1:00 - Chinese Mahjong 1:00 - Dulcimer (Beginners)</p>
<p>16 9:00 - Color, Crafts, Needlework 10:00 -Circuit 11:00 - Chair Yoga 12:30 - Bridge / Euchre 12:30 - Beginner Watercolor Landscape Painting Class 1:00 - Creative Writing 1:00 - Ukulele Fretboard 1:00 - Presentation: Village Travelers and Collette Tours 2:00 - Presentation: Bianco Tours 2:00 - Easy Ukelele Only Group</p>	<p>17 9:00 - Yoga / Strength & Stretch / Weaving 10:00 - Zumba Gold 10:00 - WAVE Bus Outreach 10:00 - German Course 11:00 - Cardio Drumming 12:00 -Pinochle 12:30-Dominos 2:00 - St. Patrick's Day Line Dancing Party 2:00 -Relax & Recenter Class Community Health Worker *Foot Care Appointments</p>	<p>18 9:00 - SOS /9:30 - Pinochle 12:00 - BIRTHDAY & St. Patrick's Lunch with Concert by the Dulcimers 12:00 -Ukelele Jam Group 12:30 - Euchre / 313 1:00 - Needlework / Watercolor 1:30 - Presentation: Nutrition Education 2:00 - Chair Yoga *Senior Support Consultations</p>	<p>19 9:00 -Yoga / Strength & Stretch 10:00 - Flexibility and Mobility 10:30 - Dulcimer 10:30 - Canvas Painting 11:00 - Cardio Drumming 12:00 -Senior Cafe 12:30 - Cribbage 1:00 - BINGO - Sponsored 2:00 - American Mahjong 3:00 - Spanish / Game Night / Barn Dancing</p>	<p>20 9:00 - Tai Chi / Weaving / 10:00 - Circuit Workout 11:00 - French Study Group 11:30 - Seals, Chair Volleyball 12:00 - Pinochle/313 12:30 - Volunteer Information Meeting 1:00 - Chinese Mahjong 1:00 - Dulcimer (Beginners)</p>
<p>23 / 30 9:00 - Color, Crafts, Needlework 10:00 - Circuit / 11:00 - Chair Yoga 12:00 -Senior Cafe 12:30 - Beginner Watercolor Landscape Painting Class 12:30 -Bridge / Euchre 1:00 - Presentation: Driving Safe 1:00 - Ukulele Fretboard - (30th) 2:00 -Easy Uke Only Group-(30th) *Medicare Counseling</p>	<p>24 / 31 9:00-Yoga / Strength & Stretch / Weaving 10:00 - Zumba Gold 10:00 - German Course 11:00 - Cardio Drumming 12:00 - Pinochle 12:30 - Dominos 12:30 - *Secretary of State Mobile Office Appointments (31st)</p>	<p>25 9:00 - SOS 9:30 - Pinochle 12:00 -Ukelele Jam Group 12:00 - Senior Cafe 12:30 - Euchre/313 2:00 - Chair Yoga 1:00 - Needlework 1:00 - *Presentation: Debunking Garden Myths by ALI</p>	<p>26 9:00 -Yoga/ Strength & Stretch 10:00 - Flexibility and Mobility 10:30 - Dulcimer 11:00 - Cardio Drumming 12:00 -Senior Cafe 12:30 - Cribbage 1:00 - BINGO - Sponsored 2:00 - American Mahjong 3:00 - Game Night /Barn Dancing *Reflexology Appointments *Massage Appointments *Trip to DIA</p>	<p>27 9:00 - Tai Chi / Weaving / 10:00 - Book Club 10:00 - Circuit Workout 11:00 - French Study Group 11:30 - Seals Chair Volleyball 12:00 - Pinochle/313 1:00 - Chinese Mahjong 1:00 - Dulcimer (Beginners)</p>