

| MONDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                              | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                               | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | FRIDAY                                                                                                                                                                                                                                                                                                                                                                                                                         |
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| <div> <div>  <div> <div>April 2026</div> <div>Activity Calendar</div> </div>  </div> </div>                                                                                                                                                                                                            | <div> <div>Dexter Senior Center</div> <div> <div>Key:</div> <div>*<u>Make an appointment or sign-up.</u></div> <div><u>Bold print</u> - new events.</div> </div> </div>                                                                                                                                                                                                                                                                              | <div> <div>1 9:00 - SOS</div> <div>9:00 - <b>Pilates Mobility</b></div> <div>9:30 - Pinochle</div> <div>12:00 - Senior Cafe</div> <div>12:00 - Ukelele Jam Group</div> <div>12:30 - Euchre / 313</div> <div>1:00 - Needlework / Watercolor</div> <div>1:00 - <b>Presentation: Frauds, Scams and Protecting Your Money</b></div> <div>2:00 - Chair Yoga</div> </div>                                                                     | <div> <div>2 9:00 - Strength &amp; Stretch</div> <div>10:00 - Flexibility and Mobility</div> <div>10:30 - Dulcimer</div> <div>11:00 - Cardio Drumming</div> <div>12:00 - Senior Cafe</div> <div>12:30 - Cribbage</div> <div>1:00 - BINGO - Sponsored</div> <div>2:00 - American Mahjong</div> <div>3:00 - Game night / Barn Dancing</div> </div>                                                                                                                                 | <div> <div>3 9:00 - Tai Chi / Weaving /</div> <div>10:00 - Circuit Workout</div> <div>11:30 - Seals, Chair Volleyball</div> <div>11:00 - French Study Group</div> <div>12:00 - Pinochle/313</div> <div>12:00 - Beginner Chinese Mahjong</div> <div>12:30 - <b>*Flower Bar</b></div> <div>1:00 - Mahjong</div> <div>1:00 - Dulcimer (Beginners)</div> </div>                                                                    |
| <div> <div>6 9:00 - Color, Crafts, Needlework</div> <div>10:00 - Circuit</div> <div>11:00 - Chair Yoga</div> <div>12:00 - Senior Cafe</div> <div>12:30 - Bridge / Euchre</div> <div>1:00 - <b>Behavior Health Social and Make Nature Related Craft</b></div> <div>1:00 - Creative Writing</div> <div>1:00 - *Ukulele Fretboard</div> <div>2:00 - Easy Ukelele Only Group</div> </div>                                                                                   | <div> <div>7 9:00 - Yoga / Strength &amp; Stretch / Weaving</div> <div>10:00 - Zumba Gold</div> <div>10:00 - <b>*German Course</b></div> <div>11:00 - Cardio Drumming</div> <div>12:00 - Pinochle</div> <div>12:30 - Dominos</div> <div>1:00 - <b>*Presentation: OLLI Classes</b></div> <div>2:00 - <b>Dance Practice</b></div> <div>Community Health Worker</div> </div>                                                                            | <div> <div>8 9:00 - SOS /</div> <div>9:30 - Pinochle</div> <div>10:30 - <b>Presentation: 5 phases of IRA by Thrivent</b></div> <div>12:00 - <b>*Lunch &amp; Learn, Care Management by Natalie</b></div> <div>12:00 -Ukelele Jam Group</div> <div>12:30 - Euchre / 313</div> <div>1:00 - Needlework</div> <div>2:00 - Chair Yoga</div> <div>3:00 - All Instrument Jam</div> </div>                                                       | <div> <div>9 9:00 -Yoga/ Strength &amp; Stretch</div> <div>10:00 - Flexibility and Mobility</div> <div>10:30 - Dulcimer</div> <div>11:00 - Cardio Drumming</div> <div>11:00 - <b>Make A Treat Bag</b></div> <div>12:00 -Senior Caf / 12:30 - Cribbage</div> <div>1:00 - BINGO - Sponsored</div> <div>2:00 - American Mahjong</div> <div>3:00 - Game night / Barn Dancing</div> <div><b>*Reflexology Appointments</b></div> </div>                                                | <div> <div>10 9:00 - Tai Chi / Weaving /</div> <div>10:00 - Circuit Workout</div> <div>11:00 - French Study Group</div> <div>11:30 - Seals Chair Volleyball</div> <div>12:00 - Pinochle/313</div> <div>1:00 - <b>*Presentation: Rio de Janeiro by ALI</b></div> <div>Rio de Janeiro</div> <div>1:00 - Chinese Mahjong</div> <div>1:00 - Dulcimer (Beginners)</div> </div>                                                      |
| <div> <div>13 9:00 - Color, Crafts, Needlework</div> <div>10:00 -Circuit</div> <div>11:00 - Chair Yoga</div> <div>12:30 - Bridge / Euchre</div> <div>1:00 - <b>Presentation: Village Travelers and Collette Tours</b></div> <div>1:00 - *Ukulele Fretboard</div> <div>2:00 - Easy Ukelele Only Group</div> </div>                                                                                                                                                       | <div> <div>14 9:00 - Yoga / Strength &amp; Stretch / Weaving</div> <div>10:00 - Zumba Gold</div> <div>10:00 - WAVE Bus Outreach</div> <div>10:15 - <b>*German Class</b></div> <div>11:00 - <b>*Origami Class</b></div> <div>11:00 - Cardio Drumming</div> <div>12:00 - Pinochle</div> <div>12:30 -Dominos</div> <div>2:00 - <b>Dance Practice</b></div> <div>2:00 -Relax &amp; Recenter Class</div> <div><b>*Foot Care Appointments</b></div> </div> | <div> <div>15 9:00 - SOS</div> <div>9:00 - <b>Pilates Mobility</b></div> <div>9:30 - Pinochle</div> <div>12:00 - <b>*BIRTHDAY LUNCH</b></div> <div>12:00 -Ukelele Jam Group</div> <div>12:30 - Euchre / 313</div> <div>1:00 - Needlework / Watercolor</div> <div>2:00 - Chair Yoga</div> <div><b>*Senior Support Consultations</b></div> </div>                                                                                         | <div> <div>16 9:00 -Yoga / Strength &amp; Stretch</div> <div>10:00 - Flexibility and Mobility</div> <div>10:30 - Dulcimer</div> <div>11:00 - Cardio Drumming</div> <div>12:00 -Senior Cafe</div> <div>12:30 - Cribbage</div> <div>1:00 - BINGO - Sponsored</div> <div>2:00 - American Mahjong</div> <div>3:00 - Game Night / Barn Dancing</div> </div>                                                                                                                           | <div> <div>17 9:00 - Tai Chi / Weaving /</div> <div>10:00 - Circuit Workout</div> <div>10:00 - <b>Choir Sing &amp; Play A Long</b></div> <div>11:00 - French Study Group</div> <div>11:30 - Seals, Chair Volleyball</div> <div>12:00 - Pinochle/313</div> <div>1:00 - <b>Spring Social with Flute and Piano Concert</b></div> <div>1:00 - Chinese Mahjong</div> <div>1:00 - Dulcimer (Beginners)</div> </div>                  |
| <div> <div>20 9:00 - Color, Crafts, Needlework</div> <div>9:00 - <b>*New Member Meet Up</b></div> <div>10:00 - Circuit</div> <div>10:00- <b>Card Making Class</b></div> <div>11:00 - Chair Yoga</div> <div>12:30 - Bridge / Euchre</div> <div>1:00 - <b>Presentation: Blood Pressure</b></div> <div>1:00 - Creative Writing</div> <div>2:00 - <b>*Junk Journaling Class</b></div> <div>1:00 - *Ukulele Fretboard</div> <div>2:00 - Easy Ukelele Only Group</div> </div> | <div> <div>21 9:00-Yoga / Strength &amp; Stretch / Weaving</div> <div>10:00 - Zumba Gold</div> <div>10:00 WAVE Bus Outreach</div> <div>11:00 - Cardio Drumming</div> <div>12:00 - Pinochle</div> <div>12:30 - <b>Presentation: Challenges in searching an Assisted Living Care Residence /</b></div> <div>12:30 - Dominos</div> <div>2:00 - <b>Dance Practice</b></div> <div>Community Health Worker</div> </div>                                    | <div> <div>22 9:00 - SOS</div> <div>9:00 - <b>Pilates Mobility</b></div> <div>9:30 - Pinochle</div> <div>12:00 -Ukelele Jam Group</div> <div>12:00 - Senior Cafe</div> <div>12:30 - Euchre / 313</div> <div>1:00 - <b>Presentation: Safe Driving</b></div> <div>1:00 - Needlework</div> <div>2:00 - Chair Yoga</div> <div>2:00 - <b>Walking Club</b></div> </div>                                                                       | <div> <div>23 9:00 -Yoga/ Strength &amp; Stretch</div> <div>10:00 - Flexibility and Mobility</div> <div>10:30 - Dulcimer</div> <div>11:00 - Cardio Drumming</div> <div>12:00 - <b>*Lunch and Learn: The Willows at Mill creek</b></div> <div>12:30 - Cribbage</div> <div>1:00 - BINGO - Sponsored</div> <div>2:00 - American Mahjong</div> <div>3:00 - Game Night /Barn Dancing</div> <div><b>*Reflexology Appointments</b></div> <div><b>*Massage Appointments</b></div> </div> | <div> <div>24 9:00 - Tai Chi / Weaving /</div> <div>10:00 - <b>Book Club</b></div> <div>10:00 - Circuit Workout</div> <div>11:00 - French Study Group</div> <div>11:30 - Seals Chair Volleyball</div> <div>12:00 - Pinochle/313</div> <div>12:30 - <b>*Cooking for Less by Pampered Chef</b></div> <div>1:00 - Chinese Mahjong</div> <div>1:00 - Dulcimer (Beginners)</div> <div><b>*Trip Detroit Prohibition</b></div> </div> |
| <div> <div>27 9:00 - Color, Crafts, Needlework</div> <div>10:00 - Circuit / 11:00 - Chair Yoga</div> <div>12:00 -Senior Cafe</div> <div>12:30 -Bridge / Euchre</div> <div>12:30 - <b>* Watercolor Landscape Painting Class</b></div> <div>1:00 - <b>Uke Concert &amp; Wylie 4<sup>th</sup> Visit.</b></div> <div>2:00 - <b>*Fretboard Class</b></div> <div><b>*Medicare Counseling</b></div> </div>                                                                     | <div> <div>28 9:00-Yoga / Strength &amp; Stretch / Weaving</div> <div>10:00 - Zumba Gold</div> <div>11:00 - Cardio Drumming</div> <div>12:00 - Pinochle</div> <div>2:00 - <b>Dance Practice</b></div> <div>12:30 - Dominos</div> <div>2:00 - <b>Dance Practice</b></div> <div>Community Health Worker</div> </div>                                                                                                                                   | <div> <div>29 9:00 - SOS / 9:30 - Pinochle</div> <div>9:00 - <b>Pilates Mobility</b></div> <div>10:00 - <b>Care Partners Donuts Chat</b></div> <div>11:00 - <b>*Painting Class</b></div> <div>12:00 - *Senior Cafe / 12:00 -Ukelele</div> <div>12:30 - Euchre / 313</div> <div>1:00 - <b>Presentation: Demetia</b></div> <div>2:00 - <b>Presentation: Banking</b></div> <div>1:00 - Needlework</div> <div>2:00- Chair Yoga</div> </div> | <div> <div>30 9:00 -Yoga/ Strength &amp; Stretch</div> <div>10:00 - Flexibility and Mobility</div> <div>10:30 - Dulcimer</div> <div>11:00 - Cardio Drumming</div> <div>12:00 -Senior Cafe</div> <div>12:30 - Cribbage</div> <div>1:00 - BINGO - Sponsored</div> <div>2:00 - American Mahjong</div> <div>3:00 - Game Night /Barn Dancing</div> </div>                                                                                                                             | <div>  </div>                                                                                                                                                                                                                                                                                                                             |