


MAY 2026 Activity Calendar Dexter Senior Center

Key: * Make an appointment or sign-up.
Bold print - New Events. **Color** - Specific date/time.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4 9:00 - Color, Crafts, Needlework 10:00 - Circuit / Chess 11:00 - Chair Yoga 11:00 - Behavior Health Social 12:00 - *Senior Cafe 12:30 - Bridge / Euchre 12:30 - * Watercolor Landscape Painting Class 1:00 - Workshop: Exploring Your Smartphones and Tablets 1:00 - Creative Writing 1:00 - *Ukulele Fretboard 2:00 - Easy Ukelele Only Group</p>	<p>5 9:00 - Yoga 9:00 - Strength & Stretch 9:00 - Weaving 10:00 - *German 11:00 - Cardio Drumming 12:00 - Pinochle 12:30 - Dominos 1:00 - Blood Pressure Check 2:00 - Line Dancing 2:00 - Relax & Recenter Class Community Health Worker</p>	<p>6 9:00 - SOS 9:15 - Pilates Mobility 9:30 - Pinochle 11:00 - *Grief Release Yoga 12:00 - *Senior Cafe 12:00 -Ukelele Jam Group 12:30 - Euchre / 313 1:00 - Needlework / Watercolor 1:00 - Presentation: PBB An Environmental Disaster 2:00 - Chair Yoga</p>	<p>7 9:00 -Yoga/ Strength & Stretch 10:00 - Flexibility and Mobility 10:30 - Dulcimer 11:00 - Cardio Drumming 12:00 - *Senior Cafe 12:30 - Cribbage 1:00 - BINGO - Sponsored 2:00 - American Mahjong 3:00 - Barn Dancing 3:00 - Spanish 2</p>	<p>1/8 9:00 - Weaving 10:00 - Circuit Workout 11:00 - French Study Group 11:00 - Euchre 11:30 - Seals Chair Volleyball 12:00 - Pinochle/313 12:00 - *Beginner Chinese Mahjong, on 1st 1:00 - Chinese Mahjong 1:00 - Bunco, on 1st 1:00 - Dulcimer (Beginners) 1:00 - *WWII Role Playing Interactive Game, on 8th</p>
<p>11 9:00 - Color, Crafts, Needlework 9:00 - Donuts with Dermatology 10:00 -Circuit 10:00 - Chess 10:00- Card Making Class 11:00 - Chair Yoga 12:00 - *Senior Cafe 12:30 - Bridge / Euchre 1:00 - Vintage Hat Fashion Show and Tea Party 2:00 - *Junk Journaling Class 1:00 - *Ukulele Fretboard 2:00 - Easy Ukelele Only Group</p>	<p>12 9:00 - Yoga 9:00 - Strength & Stretch 9:00- Weaving 10:15 - *German 11:00 - Cardio Drumming 11:00 - *Origami Class 12:00 - Pinochle 12:30 - Dominos 12:30 - *Medicinal Herb Class 2:00 - Line Dancing *Trip Pewabic Tile & Eastern Market</p>	<p>13 9:00 - SOS 9:15 - Pilates Mobility 9:30 - Pinochle 12:00 - * Lunch & Learn on Community Safety and Fire 12:00 -Ukelele Jam Group 12:30 - Euchre / 313 1:00 - Needlework / Watercolor 2:00 - Chair Yoga 2:00 - Walking Club 3:00 - All Instrument Jam</p>	<p>14 9:00 -Yoga Strength & Stretch 10:00 - Flexibility and Mobility 10:30 - Dulcimer 11:00 - Cardio Drumming 11:00 - *Craft: Sew Landyards 12:00 - *Senior Cafe 12:30 - Cribbage 1:00 - BINGO - Sponsored 2:00 - American Mahjong 3:00 - Barn Dancing / Spanish 2 *Reflexology Appointments</p>	<p>15 9:00 - Tai Chi / Weaving 10:00 - Circuit Workout 11:00 - Euchre 11:00 - French Study Group 11:30 - Seals, Chair Volleyball 12:00 - Pinochle / 313 12:30 - *Cooking For Less 1:00 - Chinese Mahjong 1:00 - Dulcimer (Beginners) 2:00 - Concert: Ann Arbor New Horizons String Ensemble</p>
<p>18 9:00 - Color, Crafts, Needlework 9:00 - *New Member Meet up 10:00 - Circuit / Chess 11:00 - Chair Yoga 12:00 - *Senior Cafe 12:30 - * Watercolor Painting Class 12:30 - Bridge / Euchre 1:00 - Presentation: Village Travelers and Collette (Alaska) 2:15 - Travel Presentation: Iceland 1:00 - Creative Writing 2:00 - Easy Ukelele Only Group *Medicare Counseling</p>	<p>19 9:00 - Yoga 9:00 - Strength & Stretch 9:00 - Weaving 10:00 - WAVE Bus Outreach 10:15 - *German 11:00 - Cardio Drumming 12:00 - Pinochle / 12:30 - Dominos 12:30 - Presentation: Backyard Birding / 2:00 - Line Dancing 2:00 - Relax & Recenter Class Community Health Worker *Foot Care Appointments</p>	<p>20 9:00 - SOS 9:15 - Pilates Mobility 9:30 - Pinochle 12:00 -Ukelele Jam Group 12:00 - *BIRTHDAY LUNCH with Entertainment 12:30 - Euchre / 313 1:00 - Needlework / Watercolor 2:00 - Chair Yoga *Senior Support Consults</p>	<p>21 9:00 -Yoga 10:30 - Dulcimer 10:30- *Canvas Painting 11:00 - Cardio Drumming 12:00 - *Senior Cafe 12:30 - Cribbage 1:00 - BINGO - Sponsored 2:00 - American Mahjong 3:00 - Barn Dancing 3:00 - Spanish 2</p>	<p>22 9:00 - Tai Chi / Weaving 10:00 - Circuit Workout 11:00 - French Study Group 11:00 - Euchre 11:30 - Seals, Chair Volleyball 12:00 - Pinochle/313 12:30 - Volunteer Information Meeting 1:00 - Chinese Mahjong 1:00 - Dulcimer (Beginners)</p>
<p>25  Memorial Day Closed</p>	<p>26 9:00-Yoga 9:00 - Strength & Stretch 9:00 - Weaving 10:15 - *German 11:00 - Cardio Drumming 12:00 - Pinochle 12:30 - Presentation: Webster Township Historical Society & Village 2:00 - Line Dancing 12:30 - Dominos Community Health Worker</p>	<p>27 Dementia Friendly Day 9:00 - SOS / 9:15 Pilates Mobility 9:30 - Pinochle 10:00 - Care Partners Donuts Chat / 11:00 - Sing-A-Long 12:00 - *Lunch and Learn 12:00 -Ukelele 12:30 - Euchre / 313 1:00 - *Joy in Word and Movement 1:00 - Needlework / Watercolor 2:00- Chair Yoga</p>	<p>28 9:00 -Yoga 9:00 - Strength & Stretch 10:00 - Flexibility and Mobility 10:30 - Dulcimer / 11:00 - Cardio Drumming 12:00 - *Lunch and Learn 12:30 - Cribbage 1:00 - BINGO - Sponsored 2:00 - American Mahjong 3:00 - Barn Dancing / Spanish 2 *Reflexology Appointments *Massage Appointments</p>	<p>29 9:00 - Tai Chi / Weaving 10:00 - Book Club 10:00 - Circuit Workout 11:00 - French Study Group 11:00 - Euchre 11:30 - Seals Chair Volleyball 12:00 - Pinochle/313 12:30 - History Presentation: 50's and 60s with Floats 1:00 - Chinese Mahjong 1:00 - Dulcimer (Beginners)</p>