



DEXTER SENIOR VOICE

June 2026

MESSAGE FROM THE EXECUTIVE DIRECTOR

June is shaping up to be another exciting month at Dexter Senior Center. You may have noticed some new landscaping around the building recently, including a beautiful Japanese Maple and several new trees around the perimeter. We're excited to watch everything bloom throughout the summer.

We're introducing several new programs this month, including **Neuro, Box, and Movement** beginning June 8. This science-backed class focuses on movement, confidence, stress relief, and fall prevention, and can be especially helpful for individuals living with Parkinson's. Led by neuroscientist and fitness professional Lucia Guerri, PhD, the class is open to everyone and we're thrilled to offer something so unique to the community.

On June 5, we'll host our first Resource Fair from 10 a.m. to 1 p.m., bringing together more than 40 local organizations and businesses. It's a great opportunity to learn about resources available throughout the area. We're also excited to launch a new weekly choir led by Parker Williams beginning June 3. Along with these new additions, we'll continue Dementia Friendly Days, travel presentations, and educational programs on topics ranging from health to cybersecurity.

This month, we also want to thank everyone who has signed up for Busch's Cash for Education and selected Dexter Senior Center as your charity of choice. Those donations truly add up and help support the work we do every day.

Thank you for continuing to participate, support the Center, and help this community grow. We're looking forward to another great month together.

Warmly,
Anna Pekrul, Executive Director



Contact Information

Dexter Senior Center

2740 Baker Rd
Dexter, MI 48130
(734) 426-7737

Executive Director

anna.pekrul@dexterseniors.org

Program Manager

ext. 8004
dana.waters@dexterseniors.org

Senior Nutrition

Emily Kiesler
Suzanne Rossi
(734) 253-2370

Reception

Judy Egeler
(734) 426-7737

Website

dexterseniors.org

Hours

Monday - Fridays
9:00 am - 3:00 pm
Thursdays 9 am - 4:30 pm

Next Board Meeting

Dexter Senior Center
June 24th, at 3:00 pm

JUNE HIGHLIGHTS & ANNOUNCEMENTS

Social Wellness Hour: Monday, June 1st at 11:00 AM: With Chelsea Hospital Behavioral Health Navigators. Join us to learn more about mental wellness with activities & supportive discussions.



Calling all Singers! Every Wednesday at 10:30AM - 11:30 AM. Starting June 3rd - August 5th. Come meet up with fellow singers. We have Choir Director, Parker, for the summer.



AI and Cyber Security Workshop: June 3rd at 1:00 PM - 3:00 PM. Explore (AI) and learn essential skills to stay safe in today's digital landscape. Attendees will gain a better understanding of how AI impacts daily life from voice assistants to personalized recommendations and how to protect yourself from online threats such as scams and phishing. By WCC.



Resource Fair: Friday June 5th at 10:00 AM - 1:00 PM. Come to a fun free event to learn about all the services and resource we offer at the center and our local community. Free tote bags will be given out so you can collect information and goodies. (Sponsored by Village Travelers and BEP Medical Group.) Buy local pizza and pop for \$1 each. Free blood pressure checks will be offered.

Road Trip: To Cleveland to a Detroit Tigers Game and Rock and Roll Hall of Fame: Sept. 5th - 6th (Sat. & Sun.) Roundtrip on a Bianco deluxe motorcoach. Includes tickets, night in downtown Cleveland, & 1 breakfast.



Pizza Lunch with Students: June 8th at 12:00 PM. Join us for a **free** lunch with Mill Creek Middle school students who will be giving out homemade care packages. **(Sign up at DSC 48 hours in advance.**



Birthday Party with Patriotic Concert by Dulcimers: Wednesday, June 17th at 12:00 PM. Join us for lunch, cake, and ice cream. Birthday month members eat free. **(Others, Sign-up & pay \$5, 48-hours in advance by 12PM.)** Thanks to 5 Healthy Towns Foundation for their support!



Interactive Movement Presentation: June 22nd at 1:00 PM. Join us for our science backed wellness programs for Seniors. Learn about the brain and dopamine, try shadow boxing and movement. First 30 min. of the presentation is about the science behind the movement, the next 30 min. is trying some shadow boxing & movement to music.

Dementia Friendly Day: Wednesday, June 24th at 10:00 AM: Brain Healthy Presentation with Healthy Snacks. **11:00 AM:** Watercolor Painting Class. **12:00 PM:** Lunch at Senior Cafe **(Sign up & pay at DSC)** **1:00 PM:** Presentation: Music Therapy, Memory and Everyday Tools. All members are encouraged to join as well as care partners on this special day.

Flower Arranging Bloom Bar: Monday, June 29th at 1:00 PM. Make a Patriotic Bouquet in a beautiful blue vase with red, white and blue flowers. Just in time for a 4th of July centerpiece! **(Sign up and pay at time of sign up \$20 to DSC.)**



PRESENTATIONS & LUNCH AND LEARNS

Presentation: Thrivent: Wednesday, June 3rd, at 10:30 AM. The title is "BIG Beautiful Bill – Tax and Social Security." Learn how the new bill may affect your taxes, Social Security, and retirement income." Contact information would be by phone and email, phone #734-272-8806 and email is peisy.sulimin@thrivent.com

Lunch and Learn: Wednesday, June 3rd at 12:00 PM. Linden Square Senior Care Assisted Living and Memory Care in Saline, perfectly located close to many shopping areas, expressways, and local businesses. We offer assisted living as well as memory care apartment homes in our community. Studios, one-and two-bedroom apartments and other styles to fit any budget. We are excited to introduce enhanced living for those who just need help with meals, housekeeping, and laundry. By Dotty Harold (734) 316-5933, lscrm@inspiredseniorhc.com. **(Sign up at DSC for a free lunch 48 hours prior.)**

Presentation: Iceland: Monday, June 8th at 2:15 PM. Informational meeting all about B going to Iceland in July, 2027 by Ruth Hamilton.

Presentation: Medications and Supplements for Eye Health: Tuesday, June 9th at 12:30B PM: Eyesight is precious. But dry eyes can make vision blurry and eyes irritated. And whatB about supplements and vitamins intended to improve eye health? Join Betty Chaffee, B PharmD, of Better My Meds, to talk about nonprescription products intended to improveB eye health. By Betty Chaffee, PharmD <https://BetterMyMeds.com>. 734-649-2270

Lunch and Learn: June 10th at 12:00 PM. We at Superior Van (<https://superiorvan.com/>) are Bthe nation's largest family-owned mobility dealer of wheelchair-accessible vehicles and B adapted driving equipment, with 18 store locations from Ann Arbor, MI to Pensacola, FL! We are dedicated to help individuals with mobility challenges find an adapted vehicle, B seating or driving solution that works for their specific needs whether that is throw a B purchase, our dedicated rental department for short-term use of our wheelchair-accessible B vehicles, or using our service team to maintain your current vehicle and get back on the B open road! Our Ann Arbor store is located at 3858 Bestech Dr, STE A, Ypsilanti, MI 48197, B and the direct number is 734-215-3926." **(Sign up for free at DSC 48 hours prior.)**

Interactive Presentation: To Get You Thinking and Moving: Monday, June 22nd at 1:00B PM. Join us for a unique presentation combining a neuroscience talk and discussion on B why habits are hard to change, followed by fun non-contact boxing! Integrating fascinating B scientific content with life experience. Delivered with humor. Engage your mind, play with B your rhythm and improve your physical confidence. Great for anyone wanting to B strengthen both body and brain. By Lucia Guerri, PhD, a biomedical scientist and fitness B professional with 20 years of international research experience, a lifelong passion for B movement, and the mission of bridging the gap between life-relevant scientific discovery B and popular knowledge. Contact: neuroscience@lodelu.com | 301-221-7885 **(This is Preview B of a NEW class, Neuro, Box and Movement with instructor Lucia. Class will be every B Monday at 9:30 AM, starting June 8th.)**

Lunch & Learn: Tuesday, June 23rd at 12:30 PM. Join us with the Dexter Community Fund and learn more about the important work they do to support and enrich the greater Dexter community. Enjoy lunch while hearing about local initiatives, community impact, and ways to get involved. **(Sign up for free at DSC 48 hours prior to the date.)**

Dementia Friendly Day: Wednesday, June 24th
(Every last Wednesday of the month.)



UNIVERSITY OF MICHIGAN HEALTH
MICHIGAN MEDICINE

10:00 AM: Brain Healthy Presentation with Healthy Snacks: We will provide brain healthy snacks (berries, whole grain granola bars, etc.) that will tie into the Dementia services basic education on what can be done now for brain health (foods, sleep, exercise, etc.), activities to do at home/community together, and then go into our Silver Club Memory Programs and Caregiver Services. Andrea Lang (734) 998-9352 www.uofmhealth.org/chs

11:00 AM: Watercolor Painting Class. With Julia Wellings, Certified Art Therapy Practitioner. Kileah Mae Creative offers beginner-friendly watercolor workshops created with seniors in mind. Calm, encouraging, and easy to follow. No prior art experience is needed.

12:00 PM: Lunch at Senior Cafe. \$5.00 recommended donation. **(Sign up 48 hours prior)**

1:00 PM: Presentation: Music Therapy, Memory and Everyday Tools: By Rachel Lawrence-Lupton, Gentle Care Music Therapy. Explores how music impacts the aging brain—supporting memory, mood, connection, and overall quality of life for older adults. gentlecaremusictherapy@gmail.com. 312-515-6161.



Join us on this special day for those with dementia and their care partners. All members are encouraged to join any event. (Interested volunteers please contact Dana at Dexter Senior Center at 734-734-7737 ext. 8004.) <https://dfamerica.org/memory-cafe-directory>

LANGUAGE

German Conversation Group: (No added participants in June and July. Will resume class in September with new participants.) Every Tuesday in June At 10:15 AM - 11:45

AM. Participants need to have knowledge of basic pronunciation and vocabulary. Instructor Margarete. For more Information, contact by email with any questions. mowalsh52@gmail.com. **(No Class On June 30th. Last Class will be July 14th.)**

Spanish 2 Instructional Class: Every Thursday at 3:00 PM - 4:30PM. May 7th - July 9th. (10-week course) With instructor, Melean Gregorio from WCC.

(Option to buy a book that has Spanish 1, 2, and 3 lessons.)



French Study Group: Thursdays at 12:00 PM. (No Instructor in June, July and August.)

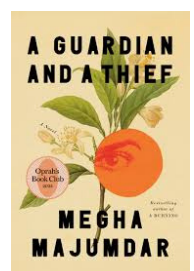
Italian Conversational Meet up: No Instructor, Call Cheryl if interested 734-604-5349.

CREATIVE WRITING & BOOK CLUB

Writing Group: Every Monday at 1:00 PM. (Starting June 8th with Instructor Robin.)

Share your stories, recipes, and poems while meeting new pen pals. Supplies provided or bring your own. This will be instructor led. Anyone can Write!

Book Club: (Last Friday of the Month) June 26th at 10:00 AM. A Guardian and a Thief - By Megha Majumdar. A literary, near-future thriller following "Ma," a mother in climate-ravaged, famine-stricken Kolkata trying to recover stolen passports to escape to America. The 224-page novel explores the desperate, often immoral choices forced upon caregivers when "Ma" and a young thief named Boomba try to protect their families.



DULCIMERS

DULCIMER GROUP: Thursdays at 10:30 AM. New members are welcome to join. Loaner instruments are available. Contact Sally at (734) 426-0841 for more information.

BEGINNERS DULCIMER GROUP: Fridays at 1:00 PM. Beginners and new members are welcome to join. Loaner instruments are available. Contact Sally at (734) 426-0841 for more information.

UKULELE

Ukulele Theory: Mondays at 1:00PM.

GOAL: give structure to your improvisation, pick melody notes by sight reading music. Practice required. Must have own Uke. Contact Mary Lou 734- 255-1925.



Easy Ukulele Only Jam: Mondays at 2:00 PM - 3:00 PM. For new Uke scratchers to strengthen chord skills. Knowing basic chords encouraged for others. Slow pace, 1-5 chord songs. Some basic theory occasionally. Use the Yellow book 365 days of Uke, some are available for in class use. Bring your own Uke. For Info. leave message for Mary Lou 734-255-1925.

Ukulele Jam Group: Every Wednesday, 12:00 PM – 1:30 PM. A small, friendly group playing music just for the fun of it. Bring your Uke and the yellow Daily Ukulele book. Any questions contact Marge at mcrampton@outlook.com or 734-272-1866.

All Instrument Bluegrass, Old Time, Singing Jam: The second Wednesday of each month from 3:00 PM - 4:30 PM. "All instruments welcome" Info. Call Mary Lou Rudner. 734-255-1925. Leave a voicemail. (Must be a member of DSC.)

CHOIR

Calling all singers! Every Wednesday at 10:30 AM - 11:30 AM. Starting June 3rd - August 5th. Come meet up with fellow singers. We have Director, Parker Williams, for the summer. He is a new graduate from Dexter High School who is going to Ithaca College in NY to study Instrumental Music Ed. He has been in orchestra and choir since fifth grade, and has been student-teaching and teaching private lessons for two years. If anyone wants some summer lessons on piano, voice, violin, viola, or cello he can do so. Parker has been performing for years, and loves to play piano and sing classic rock music. We are looking for a Director for the Fall. We have a keyboard. If interested please contact Dana at DSC 734-426-7737. **(No Instructor on June 17th. More than welcome to still meet.)**

FITNESS

CIRCUIT CLASS: Mondays and Fridays at 10:00 AM. Get fit head to toe with Susan. Classes include Warm-Up, Cardio, Weights, Bands, Balls, Cool-Down. Standing and seated options for all exercises. Begin and finish your week with fitness! **(June 5th 2 classes for 45 min. in room F, due to limited capacity. Second class starts at 10:45 AM - 11:30AM)**

STRENGTH & STRETCH CHAIR CLASS: Tuesdays with Marta and Thursdays at 9:00 AM with Instructor Roo Morgan. Exercises are designed to help increase range of motion, flexibility, strength, and endurance for activities of daily living. **(In July, Susan will be teaching for Marta going forward, on Tuesdays with a time change to 9:30 AM).**

CARDIO DRUMMING: Tuesdays & Thursdays at 11:00 AM- 12:00 PM. Free cardio and strength class. Drumming to all genres of music with a yoga ball, bucket, and sticks. Taught by Bonnie. All supplies included. (Options for a chair or to stand.)

SENIORS OBTAINING STRENGTH (SOS): Wednesdays 9:00 AM. Instructor Karen Fazioli. An engaging class focused on improving strength, balance, and mobility through resistance training and functional movements. Build confidence and independence in a supportive, social setting.

MAT PILATES: Wednesdays at 9:15 AM & NEW: Thursdays at 12:00 PM. Join us for an adapted pilates mobility class. This is a strength and balance class. By instructor Eliza Blair. (Option to use mat or a chair while standing and on the floor to assist in getting up.) **Private class appointments on Wednesday or Thursdays. Contact Eliza at 248-760-5934 lizbenefitpilates@gmail.com**

FLEXIBILITY AND MOBILITY CLASS: Thursdays at 10:00 AM. Instructor Roo Morgan. Stretching & myofascial release using lacrosse balls. You will be stretching and learn techniques for self-massage. Benefits from this class include improved flexibility and range of motion. Floor, wall, and chair. **(No class June 18th)**

NEW: Neuro, Box and Movement: Starting June 8th, Every Monday at 9:30 AM. Instructor Lucia Guerri, PhD, Biomedical Scientist & Fitness Professional (NASM & Rock Steady Boxing Certified). Engage your mind, play with your rhythm and improve your physical confidence! A science-backed wellness program focused on improving dynamic balance and mobility, featuring non-contact boxing and lots of fun. Great for anyone wanting to strengthen both body, brain, and highly beneficial for individuals managing Parkinson's. **(Preview and informational presentation on: June 22nd at 1:00 PM.)**

TAI CHI: Fridays at 9:00 AM. Starting May 15th - July 31st. Tai Chi is a great way to relax, have fun, enhance mobility maintenance & aid our immune system. Body movement, energy work, meditation, soft martial art & dance - all at the same time. Exercises include stretching, strengthening, joint revolutions & balance work. Includes deep breathing and mental focus. With instructor Karla Groesbeck from WCC. **(No Class June 19th and July 3rd)**



YOGA (CHAIR & FLOOR) / MEDITATION

CHAIR YOGA: Mondays 11:00 AM and Wednesdays at 2:00 PM. By Certified Instructor Dianna Kause. Slow-paced, accessible session for all abilities, including those with arthritis or mobility challenges.



RISE & SHINE GENTLE YOGA: Tuesdays & Thursdays at 9:00 AM. By Certified Instructor Cindy Boschman. This class is designed for active seniors comfortable with floor movements. Modifications are available. Please bring a yoga mat, cushion or blanket, and an open mind and heart.

Relax, Rest, and Recenter (Meditation Class): First & Third Tuesday of the month at 2:00 PM. Instructor Chuck Pippi will help you explore many ways that we can become more mindful. Learn practical techniques to lessen stress, anxieties & develop a meditative approach that works for you.

DANCE CLASSES

Line Dancing Class: Tuesdays at 2:00 PM. (Ends July 21st.) SKIP 6/30 & 7/7.

By Dee Grantham from Washtenaw Community College. Free instructional fun dance class. No experience needed. Many different line dancing & genres of music.



Square & Round Barn Dancing: Every Thursday at 3:00 PM - 4:30 PM. Learn some of the traditional round and square dances. Maybe a few new-fangled 'line dances.' Bring a partner or come by yourself, we will mix it up with a variety of combinations. **(No Class on June 4th.)**

RECREATIONAL EXERCISES / SPORTS

Senior Swim: Monday, Wednesday, & Friday at 8:30 AM - 9:30 AM. At Wylie Elementary School. \$1 There are participant volunteers that lead an aerobics class in the shallow end of the pool, but the deep end is also open for swimming meters.

Walking Club: Wednesday, June 10th at 2:00 PM. Weather permitting, we walk at a regular pace on the paved trail across from the center. This walk is one hour depending on members choice. Bring water. (We will meet once a month. Looking for a group leader.)

Chair Volleyball: Fridays at 11:30 AM. Fun beach volleyball game in our chairs. No experience needed. (Team name: SEALS.)

Save the Date: July 17th. We invited Hamburg Senior Center's volleyball team to join us for a couple of fun games and social on our patio. **Sign up and pay \$5.00 for Pizza and Pop.** You may also bring a dessert or appetizer to pass.

Save the Date: June 26th. Intergenerational Game.

ARTS & CRAFTS

Needlework Art, Coloring & Crafts: Mondays at 9:00 AM - 11:00 AM & Wednesdays at 1:00 PM. Bring your knitting, crocheting, cross-stitch, or other projects and enjoy creative time with fellow members in a fun and inspiring environment. We have coloring books!

Origami with Wylie 4th Graders: Monday June 1st at 1:00 PM. Join us for a free fun craft event. We will be learning and teaching how to make an Origami Frog that hop with the Wylie 4th graders. Please sign up at DSC. We need lots of help.



Card Making Class: Monday, June 15th at 10:00 AM. (Every third Monday of the month.) Join us for a fun class of making 3 unique themed cards, once a month. Cost is \$10.00 pay to instructor, Carol. Need to order card kits ahead of time. **Please sign up at least 1 week prior to class.**



Junk Journaling: Monday, June 22nd at 2:00 PM. Basic Junk Journaling. Bring your own necessary supplies/materials or pay \$5 to instructor. Will be binding journals with cardboard and stained paper. Call Sharon with questions # 517-749-0002. **Sign up at DSC.**

New: Continuing Watercolor Painting: Instructional 4-week Workshop: Every Monday in July at 12:30 PM - 2:00 PM. In this course you will learn how to paint in watercolor, focusing on landscapes. You will learn to mix and apply colors using a variety of techniques including wet on wet and drybrush. You will learn how to paint skies, trees, and water, among other things, and learn to mix and apply them using a variety of techniques. Taught by Joan Cohen Jones. **(Pay \$20.00 at time of sign up. We will have a waitlist.)**

Watercolor Painting Meetup: Every Wednesday at 1:00 PM: Paint with friends and bring your own supplies. No instructor.

Canvas Painting Class: Every third Thursday, June 18th at 10:30 AM - 12:30 PM. \$25.00 for supplies with step by step instructions. Will have pre sketch drawings on canvas to help with painting. Taught by Sheila from Canvas Creations. **Sign up at DSC.**

Weaving Lessons: Fridays at 9:00 AM - 11:00 AM. We have looms! Contact Mary Robinson at (734) 223-5646 for more information or sign up at DSC.

COOKING

Cooking For Less: Friday, June 12th at 12:30 PM. Free lunch & demonstration. We will be making Cold Veggie Pizza and Fruit Pizza. Maureen from Pampered Chef. **Sign up at DSC 48 hours in advance. (Save the date special event: July 31st at 12:30 PM. Cooking with your grandkids or niece and nephew.)**



TABLE GAMES

Puzzle Palooza: Every Day. Come in and do a puzzle or take one home. Donate or trade.

Chess: Mondays at 10:00 AM. All levels are welcome and can teach. Any questions please call Matt at # 734-253-2740.

Dominos: Tuesdays at 12:30 PM. All levels are welcome to play Mexican Train Dominos and easier version Chicken Foot Dominos.

Bingo: Thursdays at 1:00 PM - 2:00 PM. Free!

American Mahjong: Thursdays at 1:30 PM. All are welcome! For more help call Rose at 734-476-8345, to schedule instructional class at 1:30 PM on Thursdays.

Game Night: Thursdays at 3:00 PM - 4:30 PM. Come play your favorite games or bring your own. (We have fun games like Scrabble, Trivia Pursuit, Mexican Train, & Ticket to Ride)

Bunco: Friday, June 5th at 2:00 PM. We will meet every first Friday of the month to start. Looking for players to have a lot of fun and meet new friends. No money needed. We will have an instructor so beginners are welcome. **Sign up at DSC.**

Beginner Chinese Mahjong Class: First Friday of the Month, at 12:00 PM - 1:00 PM. No experience needed. Registration required. **Sign up at DSC 48 hours prior for instructor.** (Canceled in June and July.)

Chinese Mahjong: Friday, 1PM (June 5th at 1:30 PM) Questions, text Katy at (810) 623-7465.

CARD GAMES

Bridge: All skill levels welcome. Text Tony Doepken (317) 437-1644 if you have questions.

NEW: Euchre: Fridays at 11 AM. Beginners welcome.

Pinochle: Wed. Beginners.

June 5th, Euchre canceled. 313 & Pinochle 1:30 PM.

<u>Time</u>	<u>Mon.</u>	<u>Tues.</u>	<u>Wed.</u>	<u>Thurs.</u>	<u>Fri.</u>
9:30 AM			Pinochle		
11:00 AM					Euchre
12:00PM		Pinochle			Pinochle / 313
12:30 PM	Bridge/ Euchre		Euchre/ 313	Cribbage	

TRIPS

Presentation Iceland: June 8th at 2:15 PM. Informational meeting about going to Iceland in July 2027 by Ruth Hamilton. **Village Travelers: Presentation / Meeting June 15th at 1:00 PM & Collette tours at 1:30 PM.** Also learn all about upcoming day trips and overnight trips: **June 9-11th - Grand Rapids Extravaganza!**

July 14th - Diamond Jack River Cruise up to Gordy Howe Bridge with Lunch.

July 22nd - Mystery Trip, Lunch on the Water.



VILLAGE TRAVELERS

Aug 15th-23rd -Canadian Rockies by Rail.

Sept. 10th - Turkeyville to see "A Closer Walk with Patsy Cline" at Conwell's Dinner Theatre.

Oct. 1-7th - Color Tour of Lake Superior and the Upper Peninsula.

Nov. 10-14th - Multi-day Mystery Trip to a Nearby State!

Dec. 11th - Holiday Light Tour Michan International Speedway

(All pickups with a Charter Bus are in Brighton, off of US23. Sign up for trips on their

website, www.villagetravelers.net. Lois at 248-960-6505 or Margaret at 248-798-9609.)

Fiddler on the Roof: June 24th at 2:00 PM. (Please pick up your ticket at DSC Reception.)

Edsel Ford Home and Garden Tour with Lunch: Tuesday, June 30th at 8:30 AM - 3:30 PM.

Take a two-hour self guided tour of the Ford home telling the story of the family. Also garden tour and shuttle on the grounds with a gift shop. Buffet lunch is provided on site with chicken parmesan encrusted with lemon sauce. Pick up at DSC by Bianco Charter Bus. **Sign up and pay \$110.00 at DSC. No refunds within 2 weeks.**



Huron Lady II & Lunch at the Voyageur with Bianco Tours: Friday, July 24th, at 8:00 AM

- 7:00 PM. Take a Bianco charter bus to visit Port Huron for a narrated tour of Great Lake freighters and the 2 water bridges. Lunch buffet at the St. Clair River with view of the waterway. Pick up at DSC. Pay \$114 at time of sign up, at DSC. No refunds within 1 week. **(This trip is full but you may be added to the waitlist.)**



Show and 7 course Lunch: August 21st at 10:15 AM - 2:45 PM. Take the WAVE bus to Northville's famous Genitti's Hole in the Wall Italian Restaurant. We will see a comedy play, "Dying for a Drink." Step into a smoky 1940s dive bar where the martinis are stiff, the secrets are deeper, and someone won't make it to the last call. When a shady cast of regulars, dames, and wise guys collide, a murder brings the night to a screeching halt. It's up to you to question suspects, uncover hidden motives, and help crack the case in this fast-paced, interactive murder mystery comedy—served with plenty of laughs and a splash of suspense. 7 course Italian dinner provided. Pick up at DSC. **Pay \$60.00 at time of Sign up, at DSC, by Aug. 7th. (This trip is full but you may be added to waitlist)**



NEW: Road Trip: To Cleveland for a Detroit Tigers Game and Rock & Roll Hall of Fame:

Sept. 5th - 6th (Sat. & Sun.) Round trip on a Bianco deluxe motorcoach bus. Includes Tiger Baseball game tickets, and entrance to Rock and Roll Hall of Fame. Includes 1 night in downtown. Cleveland, and 1 breakfast. **Deposit \$20 or full payment due by July 22nd**

\$399.00. Write Checks to Bianco. (Write Checks & Mail to Bianco Tours

12555 Universal Dr. Taylor, MI 48180 (734) 946-7021.)



TRAVEL CONTINUED

NEW: Tour Cranbrook House and Gardens: Wednesday, September 9th at 8:45 AM - 3:15 PM. Cranbrook House tour 10 AM, Garden tour 11 AM. Lunch included in ticket price at the Cranbrook House Library, Japanese Garden tour 1PM. **Pay \$100 at time of sign up at DSC.**



The Parade Company and Whitney of Detroit Tour with lunch at Sinbad's Restaurant:

November 13th at 8:15 AM- 4:15PM. Take a Bianco Charter Bus to Detroit and tour the Whitney, the most iconic mansion in Detroit. Included lunch on the Detroit River at Sinbad's, a family-owned restaurant for over 40 years, overlooking Belle Isle. Then we will go behind the scenes to look at the Parade Company studio and see the fantastic floats and meet award winning artisans. **(Make a lunch choice on the bottom of the flyer and give to Dana.) Pay \$114.00 at time of sign up at DSC. No refunds within 1 week.**



NEW: Sensations Of The South (Featuring 3 nights in New Orleans): March 5-14, 2027!

Join us for a 10 day round trip on a deluxe Bianco Motorcoach. Includes 1 night at each in Berea, KY, Atmore, AL, Vicksburg, MS, Bowling green, KY, Chattanooga, TN, 3 Nights in New Orleans, LA, 1 night in Memphis, TN. Includes 9 breakfasts, 4 lunches, and 8 dinners. Please see flyer for the full itinerary. **\$100.00 deposit. Full payment of \$3,085.00 due Jan. 4th 2027. No refunds 14 days to departure. (Write Checks & Mail to Bianco Tours 12555 Universal Dr. Taylor, MI 48180. (734) 946-7021.)**



Cancellation Policy for DSC Trips:

Cancellations made more than 14 days before the trip - Full refund.

Cancellations made within 7-14 days before the trip - 50% refund.

Cancellations made less than 7 days before the trip - No refund.

Exceptions for extenuating circumstances. Refunds will be given after the trip.

(Please make sure you pay at time of sign up for all trips and plays.) Overnight trips with Bianco, send payments by mail to Bianco Tours 12555 Universal Dr. Taylor, MI 48180

Volunteer Travel Committee Meeting: June 19th at 12:30 PM. We are looking for volunteers trip coordinators. Those who go on most of our trips, like to help with ideas on upcoming trips, and also going on the trips as a coordinator if Dana is not present.



MEALS ON WHEELS & SENIOR CAFE

Meals on Wheels: Delivered Monday-Friday at lunchtime, offering a low-cost meal and a friendly visit. Monthly menus are in the newsletter. Call Emily at (734) 253-2370 for details to reserve your meal 48 hours in advance. **Suggested donation: \$5.00 per meal.**

Senior Cafe: Mondays, Wednesdays and Thursdays at 12:00 PM. Enjoy a low-cost meal and socialize. Monthly menus are in this newsletter. Reserve your meal 48 hours in advance by calling (734) 253-2370. **Suggested donation is \$5 (cash or check).** If you haven't arrived by 12:15 pm or called ahead, your meal may go to waitlist.

RESOURCES

Social Wellness Hour, with Chelsea Hospital Behavioral Health Navigators. (Every first Monday of the month at 11:00 AM - 12:00 PM: Join us to learn more about mental wellness with activities & supportive discussions. **Drop in and join us!**

Medicare Counseling from State Health Insurance Program (SHIP) Certified Counselors: Appointment times are at 10:00 AM, 11:30 AM, & 1:00 PM. Getting started with Medicare, choosing a Part D drug plan, Medicare Advantage options. **Sign up at and meet at DSC for appointment dates: June 15th or July 21st. (No appointments in August.)**

Technology Help by Gen to Gen: June 17th, July 15th, & August 12th from 2:00 PM - 3:00 PM. Need help with technology? Bring your smart phone, personal computer, or tablet and get hands-on help by students from the Dexter High school Dreadbots Outreach Group.

Foot Care: Every third Tuesday at 9:00 am - 2:00 pm. Call Heather Schanz, RN at (414) 436-6876 to schedule an appointment. (Trim, thin, and file toenails, file corns and calluses.) \$45.00

Community Health Worker Appointments: Every Tuesday from 11:00 AM to 3:00 PM. No appointment needed for members through Chelsea Hospital. Meets with the individuals at Dexter Senior Center to understand and address social needs. Navigating resources to access food, transportation, insurance, housing, and health literacy support. If interested in the CHW program, contact Kara Nold at kara.nold@trinity-health.org or 517-985-8732.

Blood Pressure Check: (Will be at Resource Fair June 5th at 10:00AM.) Checks done by a registered nurse from Faith Community Chelsea Hospital. Walk-ins.

Free Senior Support Consultations with CMN: Every third Wednesday at 11:00 AM or 12:00 PM. Care Management by Natalie will offer free consultations at the Dexter Senior Center, with two 45-minute appointments. Help you plan to stay independent, navigate new diagnoses, or find the right resources. Call 734-224-4144 or email info@cmbynatalie.com to schedule. (Lunch & Learns: Oct. 14th at 12:00 PM)

Reflexology: Every second and fourth Thursdays. Call Barb Fisher at (734) 664-7465 to schedule an appointment. \$30.00. **(No appointments in August.)**

Massage: Every 4th Thursday, from 9:00 AM - 4:30 PM. Benefits: pain relief, Improved sleep, mood boost, better mobility and balance, lymphatic drainage & more. Sliding scale available. 15 min: \$20, 30 min: \$40, 45 min: \$60. Done on a table so you can fully relax. **Schedule an appointment with Raya Otmanowski at 810-354-7797 call or text.**

New: Reiki: 1st and 3rd Thursdays, from 12:00 PM - 4 PM. Starting in September. Den Carbonell, a certified Reiki Master. Reiki is offered through a light touch and is a subtle, yet powerful form of Japanese energy work. It is known to be very peaceful and relaxing. To schedule an appointment or text, Den 517-775-2731. 15 minutes \$20.00 / 30 minutes \$40.00.

THANK YOU TO OUR BINGO SPONSORS

Comfort Keepers Home Care: Help with homecare support; companion, personal, transportation, end-of-life, post hospital, and Alzheimer's Care. 7910 Ann Arbor St. #2, Dexter, MI 48130. Call Kate Tselios at 734-234-8277. www.comfortkeepers.com.

(June 4th at 1:00 PM)

Heartland Hospice: Provides hospice and palliative care wherever you call home. We provide support to our patients and their families through difficult transitions in life. We focus on patient goals and wishes. Signing in to hospice does not mean a person is giving up, they are choosing comfort and time with their families. With Crystal Hughes 734.209.3828 crystal.hughes@heartlandhospice.com **(June 11th at 1:00 PM)**

Regency at Bluffs Park: A sub-acute rehab facility in Ann Arbor that provides short-term, long-term and respite care for members of the community requiring skilled nursing services. Our state-of-the-art facility offers private and semi-private rooms, with physical, occupational, and speech services for all of our patients. Amanda Graff, Admissions and Marketing Director, email: amanda.graff@cienahealthcare.com and phone: 734-887-8700.

(June 18th at 1:00 PM)

ComForCare Home Care - Washtenaw and Livingston: ComForCare Home Care Washtenaw provides non-medical in home care to help folks stay home as long as possible and live their best life. Supporting Independence, Dignity, and Quality of Life. With Kelly Woods, Agency Owner. 300 N. Huron St. Ste. 2 Ypsilanti, MI 48197. 734-739-CARE(2273)

(June 25th at 1:00 PM)

BINGO Donations: *We are in need of some prizes, that can be handmade, candy, snacks, socks, beauty products, lotions, tissues, toilet paper, gently used items, mittens, hats, scarfs. No large items. Call the Center before donating at #734-426-7737.*

TRANSPORTATION

Feonix Transportation: No cost transportation for older adults 60 plus in Washtenaw County. Monday through Friday 6:00 am - 11:00 pm, and Saturdays 8:30 am - 6:00 pm. , <https://feonix.org>. Or call #833-653-6544.

Washtenaw Area Value Express (WAVE): Free transportation if a Washtenaw County Resident. \$1.00 within Western-Washtenaw County for under age 60. \$5.00 for rest of Washtenaw County. 50% off for Seniors 60 plus. Caregivers ride at no extra cost. WAVE does not provide personal care attendants. Call WAVE Dispatch to schedule (734) 475-9494

(WAVE Bus Community Outreach Booth: Every third Tuesday at 10:00 - 11:30 AM)

Jewish Family Services - Call (734) 769-0209 prompt #2 or ext. 305

<https://www.jfsannarbor.org/jfsgo.html>

VOLUNTEERS

We are looking for Building and Activity Event Volunteers: We need help with various things such as setting up/decorating for events, serving food at parties, front desk help, answering phone, giving tours, taking out garbage and recycling, wiping down tables and surfaces, making coffee, sweeping the floor, cleaning exercise equipment, watering flowers, and Meals on Wheels drivers. Need trip volunteers to make reminder calls. Also, instructors for choir, creative writing, canning/pickling, genealogy, creative arts, wood working, sewing (we have sewing machines), or any talent you would like to share.

Want to be apart of our Garden Club?! Meeting June 19th at 1:00 PM. We need help planting, weeding, and watering our new flower stands on the Patio! Contact Dana

Looking for interested Volunteers for Tax Help, 2027: For tax season 2026. Please contact center if interested in becoming part of this resource group of volunteers.

Volunteers and Sponsors for our Dementia Friendly Days: The last Wednesday of the Month from 10:00 AM to 2:00 PM. (You can work an hour or the whole day assisting or sponsoring a lunch, craft, game, music group, or presentation.) Please Contact Dana at 734-426-7737 ext. 8004. or stop by her office.

Informational meeting with refreshments: Friday, July 10th at 2:30 PM. Meetings are every other month. **Volunteer Appreciation Lunch: Friday, June 26th at 1:00 PM (Invitations have been sent. Please RSVP by Friday, June 19th.)**

OTHER NEWS & UPCOMING EVENTS

Free Farmers Market Bucks Distribution: June 5th, from 10:00 AM - 1:00 PM. At our Resource Fair. Look for the Chelsea Hospital / Trinity Health Table! Stop by and pick up a coupon booklet, while supplies last. You must be a Washtenaw County Resident AND 60 years of age or older. There is no income requirement. Coupons can be used at the Dexter Farmers Market on Michigan-grown foods including fruits, vegetables, eggs, cheese, yogurt, meat, poultry, fish, & honey. Foods not mentioned in the above list are not eligible. Non-food items cannot be purchased with Senior Market Bucks.

New Member Meet up for Donuts, Coffee, and Conversation: July 13th at 9:00 AM. Join us if you are a new member or missed the last meet up. Great time to meet other members, our staff, volunteers, and get a tour. **RSVP by July 10th.**

Town Hall at Dexter Senior Center: Monday, July 27th at 1:00 PM. Join us with Washtenaw County Commissioner Jason Maciejewski and Washtenaw County Director of Aging Services, Shannon Effler. This is a great opportunity to learn more about the County's new Office of Aging Services, hear about current initiatives impacting older adults, ask questions, and share feedback. Coffee and donuts will be provided. Sign up!

Secretary of State Mobile Appointments at Dexter Senior Center: Tuesday, July 28th at 12:30 PM- 3:00 PM. Please sign up for 10 min. appointment slots at DSC.

Raffle: Drawing on June 17th at our Monthly Birthday. \$1 per ticket for a chance to win Hand Made Basket with hand made dishtowel. bBy Member Sue. Please make sure you pay Judy at reception desk to enter. Put your name and phone number on the ticket.

Sign Ups: We need to pay for supplies, order food, or for trips. Please pay at time of sign up unless it says pay Instructor.

June 2026 Activity Calendar Dexter Senior Center

Key: * Make an appointment or sign-up.
Bold - New Events. Color- Specific date.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>19:00 - Color, Crafts, Needlework</p> <p>10:00 - Circuit / Chess</p> <p>11:00 - Chair Yoga</p> <p>11:00 - Behavior Health Social</p> <p>12:00 - *Senior Cafe</p> <p>12:30 - Bridge / Euchre</p> <p>12:30 - * Watercolor Class</p> <p>1:00 - Wylie 4th Grade Visit & Oragami</p> <p>1:00 - Uke Theory</p> <p>2:00 - Easy Ukelele Only Group</p>	<p>2</p> <p>9:00 - Yoga</p> <p>9:00 - Strength & Stretch</p> <p>10:15 - German</p> <p>11:00 - Cardio Drumming</p> <p>12:00 - Pinochle</p> <p>12:30 - Dominos</p> <p>2:00 - Relax & Recenter Meditation Class</p> <p>2:00 - Line Dancing</p> <p>Community Health Worker</p>	<p>3 9:00 - SOS / 9:15 - Pilates</p> <p>10:30 - Choir</p> <p>10:30 - Thrivent Presentation: BIG Beautiful Bill – Tax and Social Security</p> <p>9:30 - Pinochle</p> <p>12:00 - Lunch and Learn</p> <p>12:00 - Ukelele Jam Group</p> <p>12:30 - Euchre / 313</p> <p>1:00 - AI and Cyber Security Workshop</p> <p>1:00 - Needlework / Watercolor</p> <p>2:00 - Chair Yoga</p>	<p>4</p> <p>9:00 - Yoga/ Strength & Stretch</p> <p>10:00 - Flexibility and Mobility</p> <p>10:30 - Dulcimer</p> <p>11:00 - Cardio Drumming</p> <p>12:00 - *Senior Cafe</p> <p>12:00 - French Study Group</p> <p>12:00 - Pilates</p> <p>12:30 - Cribbage</p> <p>1:00 - BINGO</p> <p>1:30 - American Mahjong</p> <p>3:00 - Spanish 2</p>	<p>5</p> <p>10:00 AM - 1:00 PM Resource Fair</p> <p>9:00 - Tai Chi</p> <p>10:00 - Blood Pressure Check</p> <p>10:00 - 10:45- Circuit Workout</p> <p>10:45 - 11:30 - Circuit Workout</p> <p>11:00 - Euchre</p> <p>12:00 - Pinochle / 313</p> <p>1:00 - Dulcimer (Beginners)</p> <p>1:30 - Chinese Mahjong</p> <p>2:00 - Bunco</p>
<p>8 9:00 - Color, Crafts, Needlework</p> <p>9:30 - Neuro, Box, and Movement</p> <p>10:00 - Circuit</p> <p>10:00 - Chess</p> <p>11:00 - Chair Yoga</p> <p>12:00 - *Pizza Lunch with Mill Creek Middle School</p> <p>12:30 - Bridge / Euchre</p> <p>12:30 - * Watercolor Class</p> <p>1:00 - Uke Theory</p> <p>1:00 - Creative Writing</p> <p>2:00 - Easy Ukelele Only Group</p> <p>2:00 - Travel Presentation: Iceland</p>	<p>9</p> <p>9:00 - Yoga</p> <p>9:00 - Strength & Stretch</p> <p>10:15 - German</p> <p>11:00 - Cardio Drumming</p> <p>12:00 - Pinochle</p> <p>12:30 - Dominos</p> <p>1:00 - Presentation: Medications & Supplements for Eye Health</p> <p>2:00 - Line Dancing</p> <p>Community Health Worker</p>	<p>10</p> <p>9:00 - SOS</p> <p>9:15 - Pilates</p> <p>9:30 - Pinochle</p> <p>10:30 - Choir</p> <p>12:00 - Ukelele Jam Group</p> <p>12:00 - Lunch and Learn</p> <p>12:30 - Euchre / 313</p> <p>1:00 - Needlework / Watercolor</p> <p>2:00 - Chair Yoga</p> <p>2:00 - Walking Club</p> <p>3:00 - All Instrument Jam</p>	<p>11 9:00 - Yoga</p> <p>9:00 - Strength & Stretch</p> <p>10:00 - Flexibility and Mobility</p> <p>10:30 - Dulcimer</p> <p>11:00 - Cardio Drumming</p> <p>12:00 - *Senior Cafe</p> <p>12:00 - French Study Group</p> <p>12:00 - Pilates</p> <p>12:30 - Cribbage</p> <p>1:00 - BINGO</p> <p>1:30 - American Mahjong</p> <p>3:00 - Barn Dancing / Spanish 2</p> <p>*Reflexology Appointments</p>	<p>12</p> <p>9:00 - Tai Chi / Weaving</p> <p>10:00 - Circuit Workout</p> <p>11:00 - Euchre</p> <p>11:30 - Seals, Chair Volleyball</p> <p>12:00 - Pinochle / 313</p> <p>12:30 - *Cooking For Less</p> <p>1:00 - Chinese Mahjong</p> <p>1:00 - Dulcimer (Beginners)</p>
<p>15 9:00 - Color, Crafts, Needlework</p> <p>9:30 - Neuro, Box, and Movement</p> <p>10:00 - Circuit / Chess</p> <p>10:00 - *Card Making Class</p> <p>11:00 - Chair Yoga</p> <p>12:00 - *Senior Cafe</p> <p>12:30 - * Watercolor Class</p> <p>12:30 - Bridge / Euchre</p> <p>1:00 - Presentation: Village Travelers / Creative Writing</p> <p>1:00 - Uke Theory / Creative Writing</p> <p>2:00 - Easy Ukelele Only Group</p> <p>*Medicare Counseling</p>	<p>16 9:00 - Yoga</p> <p>9:00 - Strength & Stretch</p> <p>10:00 - WAVE Bus Outreach</p> <p>10:15 - German</p> <p>11:00 - Cardio Drumming</p> <p>12:00 - Pinochle</p> <p>12:30 - Dominos</p> <p>2:00 - Line Dancing</p> <p>2:00 - Relax and Recenter Meditation Class</p> <p>Community Health Worker</p> <p>*Foot Care Appointments</p>	<p>17 9:00 - SOS</p> <p>9:15 - Pilates</p> <p>9:30 - Pinochle</p> <p>12:00 - Ukelele Jam Group</p> <p>12:00 - *BIRTHDAY LUNCH</p> <p>12:15- Dulcimer Patriotic Concert</p> <p>12:30 - Euchre / 313</p> <p>1:00 - Needlework / Watercolor</p> <p>2:00 - Chair Yoga</p> <p>2:00 - Technology Help</p> <p>*Senior Support Consults</p>	<p>18 9:00 - Yoga</p> <p>9:00 - Strength & Stretch</p> <p>10:30 - Dulcimer</p> <p>10:30- *Canvas Painting</p> <p>11:00 - Cardio Drumming</p> <p>12:00 - *Senior Cafe</p> <p>12:00 - French Study Group</p> <p>12:00 - Pilates</p> <p>12:30 - Cribbage</p> <p>1:00 - BINGO - Sponsored</p> <p>1:30 - American Mahjong</p> <p>3:00 - Barn Dancing</p> <p>3:00 - Spanish 2</p>	<p>19 9:00 - Tai Chi / Weaving</p> <p>10:00 - Circuit Workout</p> <p>11:00 - Euchre</p> <p>11:30 - Seals, Chair Volleyball</p> <p>12:00 - Pinochle/313</p> <p>12:30 - Volunteer Travel Coordinator Meeting</p> <p>1:00 - Volunteer Meeting Club Meeting</p> <p>1:00 - Chinese Mahjong</p> <p>1:00 - Dulcimer (Beginners)</p>
<p>22/ 29 9:00-Color, Crafts, Needle</p> <p>9:30 - Neuro, Box, and Movement</p> <p>10:00 - Circuit / Chess</p> <p>11:00 - Yoga / 12:00 - *Senior Cafe</p> <p>1:00 - Creative Writing/ Uke Theory</p> <p>1:00 - Interactive Presentation Movement and Thinking - 22nd</p> <p>1:00 - *Bloom Bar: Make a Patriotic Bouquet - 29th</p> <p>2:00 - *Junk Journaling Class-22nd</p> <p>2:00 - Easy Ukelele Only Group</p>	<p>23/ 30</p> <p>9:00 -Yoga</p> <p>9:00 - Strength & Stretch</p> <p>10:15 - German (No Class 30th)</p> <p>11:00 - Cardio Drumming</p> <p>12:00 - Pinochle</p> <p>12:30 - Lunch and Learn</p> <p>12:30 - Dominos</p> <p>2:00 - Line Dancing (No Class 30th)</p> <p>Community Health Worker</p> <p>*Trip: Edesel Ford Tour - 30th</p>	<p>24 Dementia Friendly Day.</p> <p>9:00 - SOS / 9:15 Pilates</p> <p>9:30 - Pinochle / 10:30 Choir</p> <p>10:00 - Brain Healthy Presentation & Healthy Snacks / 11:00 - *Watercolor Painting</p> <p>12:00 - *Senior Cafe</p> <p>12:00-Ukelele/12:30- Euchre/313</p> <p>1:00 - Presentation: Music Therapy, Memory & Tools</p> <p>1:00 - Needlework / Watercolor</p> <p>2:00 - Chair Yoga</p> <p>* Fiddler on the Roof</p>	<p>25 9:00 -Yoga</p> <p>9:00 - Strength & Stretch</p> <p>10:00 - Flexibility and Mobility</p> <p>10:30 - Dulcimer/</p> <p>11:00 - Cardio Drumming</p> <p>12:00 - *Senior Cafe / Pilates</p> <p>12:00 - French Study Group</p> <p>12:30 - Cribbage</p> <p>1:00 - BINGO - Sponsored</p> <p>1:30 - American Mahjong</p> <p>3:00 - Barn Dancing / Spanish 2</p> <p>*Reflexology Appointments</p> <p>*Massage Appointments</p>	<p>26</p> <p>9:00 - Tai Chi / Weaving</p> <p>10:00 - Book Club</p> <p>10:00 - Circuit Workout</p> <p>11:00 - Euchre</p> <p>11:30 - Seals Chair Volleyball</p> <p>12:00 - Pinochle/313</p> <p>1:00 - Chinese Mahjong</p> <p>1:00 - Dulcimer (Beginners)</p> <p>1:00 PM - *Volunteer Appreciation Lunch</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Turkey Barley Soup Wheat Bread Side Garden Salad Papaya and Mango Low Fat Milk Margarine	2 Herb Roasted Chicken Wheat Roll/Crackers Mashed Potatoes Green Beans/Diced Pears Low Fat Milk Margarine	3 Beef Chili Wheat Bread/Crackers Cherry Tomatoes Orange/FF Italian Dressing Low Fat Milk Margarine	4 Chicken Tenders Wheat Roll Green Beans Quinoa Peaches Low Fat Milk/Margarine	5 Quinoa Corn Cake Tofu Sauce Wheat Bread Mixed Veggies Trop Fruit Blend Low Fat Milk/Margarine
8 Cheesy Broccoli Rice Soup Wheat Roll Side Salad Applesauce Low Fat Milk Margarine	9 Mediterranean Chicken Rice Bread Garden Vegetable Blend Papaya/Mango Low Fat Milk Margarine	10 BBQ Chicken Breast Brown Rice Wheat Bread Broccoli & Cauliflower Tomato/Cuc Salad Pineapple Low Fat Milk/Margarine	11 Meatloaf Mashed Potato Wheat Bread Mixed Vegetables Mixed Fruit Low Fat Milk Margarine	12 Meaty Ragu Wheat Bread Green Beans Strawberry Applesauce Low Fat Milk Margarine
15 Meatballs Brown Rice Wheat Bread Cauliflower Papaya/Mango Low Fat Milk Margarine	16 Roasted Turkey Mashed Potatoes Wheat Bread Broc/Cauli/Carrot Blend Trop Fruit Salad Low Fat Milk Margarine	17 Tilapia Citrus Lentil Rice Wheat Bread Broccoli Mandarin Oranges Low Fat Milk Margarine	18 Chicken Parmesan Wheat Bread Green Beans Apple Low Fat Milk Margarine	19 Black Bean Burger Wheat Bun Brown Lentils Mixed Veggies Pineapple Cilantro/Crema Sauce Low Fat Milk/Margarine
22 Cheesy Squash Pasta Bake Wheat Roll Broccoli Butternut Squash Apple Low Fat Milk/Margarine	23 Chicken Lentil Soup Wheat Roll/Crackers Vegetables in Soup Side Salad/FF Dressing Pineapple Low Fat Milk Margarine	24 Dijon Salmon Seasoned Black Beans Wheat Bread Malibu Vegetable Blend Peaches/FF Italian Low Fat Milk Margarine	25 Tuna Noodle Casserole Wheat Bread Malibu Blend Veggies Papaya and Mango FF Italian Dressing Low Fat Milk Margarine	26 Beef Goulash Wheat Bread California Blend Orange Low Fat Milk Margarine
29 Turkey Barley Soup Wheat Bread Side Garden Salad Papaya and Mango Low Fat Milk Margarine	30 Herb Roasted Chicken Wheat Roll/Crackers Mashed Potatoes Green Beans/Diced Pears Low Fat Milk Margarine			

Dexter Senior Center Member Discounts

Present your DSC Membership card to receive:

Classic Pizza - \$9 large 1 item (Change in price!)

Dexter Pub - 20% off M-TH

My Cleaners - 10% off

Joe & Rosie - 15% off

Aubree's - 10% off (Dexter only)

Dexter Creamery - 10% off

Dexter Bakery - 15% off

Hearts & Flowers - 15% off

Dairy Queen - 10% off

Jensen's Community Pharmacy - 10% off over the counter

Cottage Inn Dexter - 10% off

Ziggi's Coffee - 10% off (In store only)

Busch's Donation Program



For no extra cost, you can donate to the Dexter Senior Center just by shopping at Busch's. All you need is an email address and a Busch's MyWay account. People who already have a MyWay account may not have an online version. Setting up a new online account involves a two-step process. 1) Clicking on the Create Account link takes you to a form to complete. Once this form is completed, you are then prompted to log into your email account to click on a verification link.

Then do the following steps: 1) Log onto your MyWay account through Buschs.com. 2) Click on your name in the corner. 3) Go to MyWay in the middle and scroll to MyWay Account. 4) Click on "Cash for Education" 5) Scroll down and choose Dexter Senior Center and Click "add". Do this for each quarter of 2026. (If you need help with this, we have handouts with screen shots and assistance on a computer anytime at DSC. Or Call Busch's directly at 734-214-8088 and they will opt you in. Thank you for your support!

Dexter Senior Center
Supporters



RALPH C. WILSON, JR.
FOUNDATION



Trinity Health

CHELSEA
HOSPITAL



Ann Arbor Area

Community Foundation

For good. For ever.™

Mary Thompson Foundation



Kiwanis
CLUB OF ANN ARBOR

Dexter Community Fund
For Good. For Ever. For Dexter.

Rotary
Dexter Club
D6380



UMRC
PORTER HILLS
Foundation



summer
WORD SEARCH



ICE CREAM

STRAWBERRY

GRILLING

JUNE

BLOOMS

SEASHELLS

SHORTS

STARFISH

SUNFLOWER

CAMPING

AIRPLANE

BUTTERFLY

S U N F L O W E R H I P
A M X G A I R P L A N E
V R R M S W I M M I N G
F G Z Z H J U N E J T D
G O L B L O O M S Z A E
R S S T R A W B E R R Y
I Y C A M P I N G B G H
L R W R D N T O V U C W
L H I C E C R E A M D V
I B U T T E R F L Y J P
N Q X W S T A R F I S H
G S E A S H E L L S Q D

**Dexter Senior Center
Board of Directors**

**John Scharf
Jim Carson
Ron Miller**

**President
Treasurer
Secretary**

**David Chapman
Gary Cifaldi
Cooper Holland
Mary Westhoff**

**Director
Director
Director
Director**

Dexter Senior Center

NONPROFIT ORG
U.S. POSTAGE PAID
DEXTER, MI
PERMIT NO. 10

Dexter Senior Center
2740 Baker Road
Dexter MI 48130