December 2026
Activity Calendar
Dexter Senior Center

KEY: $ Pay / * Sign up or make an appointment
Bold - New Events.
Color- Specific Date.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 9:00 - Yoga / *Weaving 9:30 - Strength & Stretch 10:00 - Writing Group **10:00 - *Paint Wood Holiday Ornaments $** 10:15 - *German 12:00 - *Pinochle **1:00 - Blood Pressure Checks** **1:00 - Movin' & Groovin'** **2:00 - Holiday Concert: Unique Musique Trio** Community Health Worker	**2** 9:00 - SOS / Beading Group 9:30 - Pinochle / **10:00 - Dominoes** 10:00 - Dominos 11:00 - Chair Yoga 12:00 -Ukulele Jam Group 12:30 - Euchre / 313 / 12:30 - Chinese Mahjong **12:00 - *Lunch & Learn: Taxes and Widow's Penalty** 1:00 - Needlework / Watercolor 2:00 - Latin Rhythms Dance	**3** 9:00 -Yoga/ Strength & Stretch 10:00 - Flexibility and Mobility 10:30 - Dulcimer 11:15 - Cardio Drumming 12:00 - * Senior Cafe $ **12:00 - *Senior Players Rehersal** 12:30 - Cribbage 1:00 - BINGO / French Group 1:30 - American Mah Jongg 3:00 - Barn Dancing / Games ***Reiki $ / *Ageless Adventers Bus Leaves at 8:30 AM - 11:30 AM**	**4** 9:00 - Tai Chi (Last Class) 9:00 - *Weaving 10:00 - Circuit Workout **10:00 - Book Club** **11:00 - *Euchre** 11:30 - Chair Volleyball **12:30 - *Cooking for Less: Make Holiday Cookie Mixes $** 12:00 - *Pinochle / 313 1:00 - Chinese Mahjong 1:00 - Dulcimer (Beginners) **2:00 - *Bunco** **12/5 - 9:00 AM - Chair Pilates**
7 9:00 - Color, Crafts, Needlework 9:30 - Neuro, Box, and Movement 10:00 - Circuit / Chess 11:00 - Chair Yoga 12:00 - Seated Ballet 12:00 - *Senior Cafe $ 12:30 - Bridge / Euchre 1:00 - Uke Theory and Jam 2:00 - Beginner-Intermediate Uke ***Medicare Counseling Appt.**	**8** 9:00 - Yoga / *Weaving 9:30 - Strength & Stretch 10:00 - Writing Group 10:15 - *German 11:15 - Cardio Drumming 12:00 - *Pinochle **12:00 - Grief Release Yoga** **12:30 - *Holiday Nature Crafts and Cocoa** **1:00 - Movin' & Groovin'** **2:00 - Line Dancing** Community Health Worker	**9** 9:00 - SOS / Beading Group 9:30 - Pinochle **10:00 - Dominoes** 11:00 - Chair Yoga 12:00 - *Senior Cafe $ 12:00 -Ukulele Jam Group 12:30 - Euchre / 313 12:30 - Chinese Mahjong **1:00 - Presentation: Learning in Retirement with Elderwise** 1:00 -Needlework / Watercolor 2:00 - Latin Rhythms Dance ***Trip to Meadowbrook $: Depart at 9:30 AM to 3:00 PM**	**10** 9:00 -Yoga / Strength & Stretch **9:00-11:00 - Presentations: U of M Students Designing for Longevity** 10:00 - Flexibility and Mobility 10:30 - Dulcimer / 11:15 - Cardio Drumming/ 12:00 - * Senior Cafe $ **12:00 - *Senior Players Rehersal** 12:30 - Cribbage **1:00-Holiday Ugly Sweater BINGO** 1:00 - French Study Group **2:00 - Presentation: WAVE Bus: RidePingo Demonstration** 1:30 - American Mah Jongg 3:00 - Barn Dancing / Games ***Reflexology $ / *Massage $**	**11** 9:00 - *Weaving **10:00 - *Zentangle $** 10:00 - Circuit Workout **11:00 - *Euchre** 11:30 - Chair Volleyball 12:00 - *Pinochle / 313 1:00 - Chinese Mahjong 1:00 - Dulcimer (Beginners) **1:00 - * Volunteer Appreciation Lunch (RSVP)**
14 9:00 - Color, Crafts, Needlework 9:30 - Neuro, Box, and Movement 10:00-Circuit / Chess / ***Card Box $** 11:00 - Chair Yoga 12:00 - *Senior Cafe $ **12:30 - *Winter Watercolor Workshop: Experienced $** 12:00 - Seated Ballet 12:30 - Bridge / Euchre 1:00 - Uke Theory and Jam 1:00 - *Junk Journaling $ 2:00 - Beginner-Intermediate Uke **2:00 - Travel Meet: South Africa**	**15** 9:00 - Yoga / *Weaving 9:30 - Strength & Stretch 10:00 - Writing Group 10:00 - WAVE Bus Outreach 11:15 - Cardio Drumming 12:00 - *Pinochle **12:30 - Presentation: Herbal Comfort For Winter Care** **1:00 - Movin' & Groovin'** **1:00 - Snowflake Making** **2:00 - Line Dancing** Community Health Worker ***Foot Care Appointments $**	**16** 9:00 - Beading Group 9:30-Pinochle/**10:00-Dominoes** 11:00 - Chair Yoga 12:00 -Ukulele Jam Group 12:30 - Euchre / 313 12:30 - Chinese Mahjong **12:00 - *BIRTHDAY LUNCH $** **12:15 - Holiday Entertainment by Dulcimers and Ukes** 1:00 - Needlework / Watercolor 2:00 - Latin Rhythms Dance ***Senior Support Consults**	**17** 9:00 - Yoga / Strenth & Stretch 10:00 - Flexibility and Mobility **10:30 - *Canvas Painting $** 10:30 - Dulcimer 11:15 - Cardio Drumming 12:00 - *Senior Cafe $ 12:30 - Cribbage 1:00 - French Study Group 1:00 - BINGO 1:30 - American Mah Jongg 3:00 - Barn Dancing / Games ***Reiki $ / *Reflexology $**	**18** 9:00 - *Weaving 10:00 - Circuit Workout **10:00 - Sing & Play-Along with UofM Retirees Assoc.** **11:00 - *Euchre** 11:30 - Chair Volleyball 12:00 - *Pinochle / 313 **12:30 - *Holiday Potluck** **1:00 - DHS Chamber Choir** **1:45 - Community Choir** 1:00 - Chinese Mahjong 1:00 - Dulcimer (Beginners) **12/19 - 9:00 AM - Chair Pilates**
21 / 28 9:00-Color, Crafts, Needle 9:30 - Neuro, Box, and Movement 10:00-Circuit /Chess 11:00-Chair Yoga **12:00 - *Lunch & Learn - on 21st** **12:00 - Seated Ballet - only on 21st** 12:30 - Bridge / Euchre 1:00 - Uke Theory and Jam **1:15 - Read Holiday Books & Hot chocolaote with Girlscouts - 21st** **1:00 - Volunteer Interest Information Meeting - 28th** 2:00 - Beginner-Intermediate Uke ***Medicare Counseling Appt.-28th**	**22 / 29** 9:00 -Yoga / *Weaving 9:30 - Strength & Stretch 10:00 - Writing Group 11:15 - Cardio Drumming 12:00 - *Pinochle **12:30 - Presentation: History on Coney Island - 22nd** **1:30 - Music, Caroling, and Cookies with Girlscouts - 22nd** **1:00 - Movin' & Groovin'** **2:00-Line Dancing-only on 22nd** Community Health Worker	**23 / 30 (Dementia Friendly Day)** 9:30 - Pinochle **10:00- Dominoes** **10:00 - Donuts and Chat** 11:00 Chair Yoga **11:00 - *Watercolor Painting** 12:00 Ukulele 12:00 - *Senior Cafe $ 12:30 - Euchre/313 12:30 - Chinese Mahjong **1:00 - Music & Reminiscing** 1:00 - Needlework / Watercolor 2:00 - Latin Rhythms Dance	**24 (CLOSED on 24th)** **Happy Holidays !** **31** 9:00 - Yoga 9:00 - Strength & Stretch 10:00 - Flexibility and Mobility 10:30 - Dulcimer 11:15 - Cardio Drumming 12:00 - *Senior Cafe $ 12:30 - Cribbage **1:00 - New Years Eve BINGO!** 1:30 - American Mah Jongg ***Massage $**	**25 / Jan. 1 (CLOSED)** **Happy Holidays** **&** 